

**WALSH UNIVERSITY
DIVISION OF NURSING
REGISTERED NURSE - BACCALAUREATE PROGRAM**

**Course Syllabus
Summer 08**

<u>Course Number:</u>	NURS 450 RN
<u>Course Title:</u>	Professional Capstone
<u>Semester Credits:</u>	2 or 3 Semester Hours
<u>Pre/Co Requisites:</u>	Taken the semester of graduation with all degree requirements
<u>Instructor:</u>	June Mueller MSN, RN, CNS Clinical Associate Professor SC Room 104, 330 490 7237, Home# 330 342 -0121 jmueller@walsh.edu or at muellertj@alltel.net

Course Description:

As a student who has diligently planned an academic career to complete the bachelor of science degree in nursing, the capstone course will highlight all the professional endeavors of the student's past and present academic and work achievements. A professional portfolio will be completed to include the above information, a summary of the issues that relate to current nursing practice, as well as the projection of long-term and short-term professional goals. In addition, the portfolio will house an updated, computer generated resume and philosophy of nursing. In the student's philosophy of nursing, he/she will construct his/her beliefs regarding the four major concepts of nurse, client, health, and environment and analyze how they interface with communication, critical thinking, accountability and responsibility, therapeutic nursing interventions and knowledge from sciences and liberal arts. Professional memberships, certifications, and continuing education units are discussed and encouraged. Current ethical, legal and health care issues will be addressed that are pertinent to the practicing professional and will be summarized as the student formulates guidelines to deal with selected issues. Political action, community service and professional image will be promoted as activities that contribute to the professional growth of the nurse and the profession of nursing.

Course Objectives:

At the completion of this course the student will be able to:

1. Complete a professional profile that has evolved throughout the program of studies and is supported with a composite of nursing, liberal arts and science knowledge.
2. Integrate critical thinking in the analysis of ethical /legal concerns that may be encountered in the practice of nursing.
3. Initiate a computer generated resume that contains references and/or recommendations, philosophy and professional goals.
4. Organize the concepts of accountability and responsibility, critical thinking, communication,

science and liberal arts knowledge, and therapeutic nursing intervention in relation to the concepts of nurse, client, health, and environment.

5. Participate in a political activity at a local, state, or national level that supports promoting maintaining, restoring, reorganizing health or supporting death with dignity.
6. Develop a code of behavior for accountability and responsibility to the profession of nursing by an activity that promotes the professional image of nursing.

Course Evaluation:

Professional Portfolio (100 points)		70%
Table of Contents	5 pts.	
Professional Biography	5 pts.	
Resume	10 pts.	
Philosophy of Nursing	10 pts.	
Professional Long-term and Short-term Goals	5 pts.	
References/Recommendation	5 pts.	
Professional Development	5 pts.	
Grade Transcripts	5 pts.	
Issues in Nursing Practice (7 @ 5 pts. each)		
• Critical Thinking	5 pts.	
• Conflict Resolution	5 pts.	
• Change Theory	5 pts.	
• Delegation	5 pts.	
• Research	5 pts.	
• Legal Guidelines	5 pts.	
• Ethical Decision Guidelines	5 pts.	
Personal Leadership Profile	5 pts.	
Therapeutic Nursing Interventions	10 pts.	
	TOTAL	100 pts.
Community Activity -presentation (100 points)		10%
Political Activity – poster presentation (100 points)		10%
Professional Image Promotion – poster presentation (100 points)		10%
	TOTAL	100%

Suggested Text Reading:

Alfaro-LeFevre, R., (2004). *Critical thinking and clinical judgment a practical approach*. (3rd ed.). St. Louis, MO: Saunders

Catalano, J.T. (2003). *Nursing now! Today's issues, tomorrow's trends* (3rd ed.). Philadelphia, PA: F.A. Davis.

- Chitty, K. K. (2001). *Professional Nursing Concepts and Challenges* (3rd ed.). Philadelphia, PA: W.B. Saunders Company.
- Ellis, J. R. and Hartley, C. L. (2004). *Nursing in Today's World: Challenges, Issues, and Trends* (8th ed.). Philadelphia, PA: Lippincott.
- Hein, E.C.,(2001) *Nursing issues in the 21st century perspectives from the literature*. Philadelphia, PA: Lippincott.
- Hood, L.J. & Leddy, S.K., (2006) *Leddy & Pepper's conceptual bases of professional nursing*. (6th ed.). Philadelphia, PA: Lippincott, Williams, & Wilkens.
- Johnson, B.M. and Webber, P. B. (2001). *An Introduction to Theory and Reasoning in Nursing*. Philadelphia, PA: Lippincott
- Kelly, L. Y. and L. Joel (2002). *The Nursing Experience, trends, challenges, and transitions*.(4th ed.). New York, NY: McGraw-Hill.
- Sullivan, E., (2004). *Effective Leadership and management in nursing*. (6th ed). Upper Saddle River, NJ: Prentice-Hall, Inc.
- Yoder-Wise, P.S. (2003). *Leading and Managing in Nursing* (3rd ed). St Louis, MO: Mosby

Additional Learning Resources:

IBM computers available in Computer Lab and laser printer. Supplemental texts available in Walsh University Library.

Cheating:

Cheating is defined by Webster as “the act of fraudulently deceiving.” Please refer to the Nursing Student Handbook and the Walsh University Student Handbook for the specific policy.

Plagiarism:

Plagiarism is defined by Webster as “to steal and pass off the ideas or words of another as one’s own without crediting the source.” Please refer to the Nursing Student Handbook and the Walsh University Student Handbook for the specific policy.

Grading:

1. All written work and activities must be completed and graded. Failure to complete any aspect of grading for the course will end in an incomplete until the area in deficit is corrected.
2. The nursing faculty adheres to the University’s grading scale.

<u>Grade</u>	<u>Percentage</u>
A	95 - 100
A-	93 - 94
B+	90 - 92
B	87 - 89
B-	85 - 86
C+	81 - 84

C	77 - 80
C-	75 - 76
D+	73 - 74
D	71 - 72
D-	69 - 70
F	68 and below

Withdrawal Policy:

Students are to refer to the Walsh University Student Handbook and the current Walsh University Calendar to obtain the last date for withdrawal (W) from a course without penalty.

Americans With Disabilities Act:

If you require reasonable accommodation because of a physical, mental or learning disability, you must contact the faculty within the first two (2) weeks of the semester.

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NURSING 450: Professional Capstone

LEARNING OBJECTIVES	CONTENT	LEARNING ACTIVITIES
	<p>I. Overview of Course <i>Communication Accountability & responsibility</i></p> <p>A. Course syllabus</p> <p>B. Course requirements</p> <p>C. Evaluation criteria</p>	<p><u>Review:</u> Course Overview</p> <p><u>Dialogue:</u> Questions, ideas, and reasoned judgments.</p>
<p>Discuss different approaches to develop a professional resume.</p> <p>Preview letters of application and resignation.</p> <p>Discuss the preparation for a job interview.</p> <p>Identify sources for information related to employment.</p> <p>Identify a long-term and a short-term professional goal.</p>	<p>II. Professional Biography <i>Communication Accountability & Responsibility</i></p> <p>A. Biography</p> <p>B. Resume</p> <p>C. Professional correspondence</p> <p>D. Personal interview</p> <p>E. Sources for information</p> <p>F. Professional Goals</p>	<p><u>Read:</u> Kelly and Joel, pp. 558-584. Hood & Leddy, pp 587-603.</p> <p><u>Learning Activity:</u> Submit biography of work experience and academic preparation with a concluding paragraph of explanation and summary of what is found in profile.</p> <p><u>Learning Activity:</u> Submit a resume with a separate page of references. Recommendations may or may not be included.</p> <p><u>Learning Activity:</u> Submit professional long-term and short-term goals</p>
<p>Give examples of your personal values that impact your nursing practice.</p> <p>Give examples of your personal beliefs that impact your nursing practice.</p>	<p>III. Philosophy of Nursing <i>Critical Thinking Science & Liberal Arts Knowledge</i></p> <p>A. Values</p> <p>B. Beliefs</p> <p>C. Philosophy</p>	<p><u>Read:</u> Chitty, pp. 199-217. Hood & Leddy, pp 67-86.</p> <p><u>Activities:</u> Develop a personal philosophy of nursing identifying your values and beliefs.</p>

LEARNING OBJECTIVES	CONTENT	LEARNING ACTIVITIES
<p>Clarify the purpose of a personal career map.</p> <p>Describe major activities to maintain practice compliance.</p> <p>List funding sources for formal education.</p> <p>Identify ways to enhance your personal and professional lives in nursing.</p>	<p>III. Professional Development</p> <p><i>Accountability & Responsibility</i></p> <p><i>Therapeutic Nursing Intervention</i></p> <p>A. Career mapping</p> <p>B. Continued competence</p> <p>C. Formal higher education</p> <p>D. Professional and community activities</p>	<p><u>Read:</u> Kelly and Joel, pp. 608 -619 Yoder-Wise, pp 449-467, 469-480. Hood & Leddy, pp 319-340, 343-368</p> <p><u>Learning Activity:</u> Submit verification of professional development activities and formal grade transcripts.</p> <p><u>Learning Activity:</u> Develop a personal career map that will guide your professional biography.</p> <p><u>Learning Activity:</u> Engage in a community activity that brings you great personal satisfaction and provides service to others. Write brief reflection of that activity. Formally present your activity to the class using powerpoint.</p>
<p>Recognize the variety of job opportunities as a professional nurse.</p> <p>Discuss the dynamics that create periodic nursing shortages and surpluses.</p>	<p>V. Career Opportunities <i>Communication</i></p> <p><i>Accountability & Responsibility</i></p> <p>A. Nurse Entrepreneurs</p> <p>B. Supply and Demand</p>	<p><u>Read:</u> Kelly and Joel, pp. 245 -292.</p>

LEARNING OBJECTIVES	CONTENT	LEARNING ACTIVITIES
<p>Identify steps in the change process in your clinical practice.</p> <p>Explore ways of evaluating critical thinking in clinical practice.</p> <p>Identify strategy of conflict resolution in clinical practice.</p> <p>Clarify the responsibilities of delegation in clinical practice.</p> <p>Discuss the application of research in clinical practice.</p>	<p>VI. Current Issues in Nursing <i>Critical Thinking</i></p> <p><i>Science & Liberal Arts Knowledge</i></p> <p><i>Accountability & Responsibility</i></p> <p>A. Constancy of change</p> <p>B. Critical thinking</p> <p>C. Conflict Resolution</p> <p>D. Delegation</p> <p>E. Research</p>	<p><u>Read:</u> Kelly and Joel, pp. 304-306 Hood& Leddy, pp140-165 Sullivan, pp 216-227.</p> <p><u>Learning Activity:</u> Submit a personal reaction and plan to cope with the constant change in health care.</p> <p><u>Read:</u> Catalano, pp 247-267. Yoder-Wise, pp 349-366 Sullivan, pp 100-120.</p> <p><u>Learning Activity:</u> Discuss the use of critical thinking in regard to clinical practice.</p> <p><u>Read:</u> Sullivan, pp 133-142. Alfaro, pp 207-213</p> <p><u>Learning Activity:</u> Submit a strategy for conflict resolution.</p> <p><u>Read:</u> Sullivan, pp 143-154. Yoder-Wise pp 369 –383</p> <p><u>Learning Activity:</u> Discuss the RN’s responsibility regarding delegation as defined by the interpretation of the Ohio Nurses Practice Act.</p> <p><u>Read:</u> Joel & Kelly, pp 237 -240</p> <p><u>Learning Activity:</u> Submit an example of how you utilized research in nursing practice.</p> <p><u>Read:</u> Hood and Leddy, pp261-288</p>

LEARNING OBJECTIVES	CONTENT	LEARNING ACTIVITIES
<p>Recognize the factors that create ethical dilemmas in nursing and how you react to ethical problems.</p> <p>Develop a way of assessing and dealing with ethical concerns in nursing practice.</p> <p>Discuss the various standards that define a code of ethical behavior.</p> <p>Identify the need to own your beliefs on values when you deal with ethical concerns in nursing practice.</p>	<p>VI. Ethical Decision Making</p> <p><i>Communication</i></p> <p><i>Critical Thinking</i></p> <p><i>Accountability & Responsibility</i></p> <p><i>Science & Liberal Arts Knowledge</i></p> <p>A. Ethical dilemmas</p> <p>B. Guidelines for ethical decision making</p> <p>C. Code of ethics</p>	<p><u>Read:</u> Kelly and Joel, pp. 325-354. Alfaro, pp 102-111</p> <p>Ellis and Hartley, pp 312- 355.</p> <p><u>Read:</u> Chitty, pp. 478-503.</p> <p><u>Learning Activities:</u> Discuss a situation requiring ethical decision making. Include models used for guidance in the situation.</p>
<p>List the key components of a nursing practice act.</p> <p>Define licensure certification, registration, and accreditation.</p> <p>Give examples of legal problems nurses may encounter in caring for patients.</p>	<p>VIII. Legal Rights and Responsibilities</p> <p><i>Communication</i> <i>Critical Thinking</i></p> <p><i>Accountability & Responsibility</i></p> <p>A. Nursing Practice Act</p> <p>B. Licensure/credentialing</p> <p>C. Litigation trends in health care</p>	<p><u>Read:</u> Kelly and Joel, pp. 478 -519. Ellis and Hartley, pp. 272-311.</p> <p><u>Learning Activity:</u> Obtain the most current Rules Promulgated from the Law Regulating the Practice of Nursing. Discuss legal responsibilities of the nurse.</p>

LEARNING OBJECTIVES	CONTENT	LEARNING ACTIVITIES
<p>Discuss the role that power plays in nursing practice.</p> <p>Discuss the relevance of political action to nursing.</p> <p>Explore your personal style of leadership in clinical practice.</p>	<p>IX. Professional Empowerment</p> <p><i>Science & Liberal Arts Knowledge</i></p> <p><i>Therapeutic Nursing Intervention</i></p> <p><i>Communication</i></p> <p>A. Power</p> <p>B. Political Action</p> <p>C. Leadership Style</p>	<p><u>Read:</u> Kelly and Joel, pp. 293-321. Ellis & Hartley, pp 69-103. Hood and Leddy, pp 435-456.</p> <p><u>Learning Activity:</u> Explore a political topic relevant to the local, state, or national level. Prepare a poster presentation regarding this topic. Write a brief reflection of the activity.</p> <p><u>Learning Activity:</u> Explore a topic related to the professionalism of nursing. Prepare a poster and present topic to class. Write a brief reflection of the activity.</p> <p><u>Learning Activity:</u> Take the PF 16. Define your personal leadership style in a brief written format.</p> <p><u>Learning Activity:</u> Submit your completed professional portfolio.</p>

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CRITERIA FOR GRADING NURSING 404 ASSIGNMENTS**

Professional Portfolio (100 pts)

Table of Contents (5 pts)

- Divide content by section
 - I. Professional Biography
 - II. Professional Leadership
 - III. Issues in Nursing Practice
 - IV. Scope of Professional Practice
- Complete and accurate
- Do not paginate

I. Professional information

A. *Professional Biography (5 pts)*

- Biography of work experience and academic preparation
- Explanation and summary of what is found in profile
- Personal information only as it may influence work experience or academic preparation
- Professional appearance (spelling, style, grammar, punctuation)
- No more than 3 pages in length
- Logical presentation

B. *Resume (10 pts)*

- Professional objective
- Education (reverse chronological order)
- Work experience (reverse chronological order)
- Professional memberships/activities
- Special skills (foreign language, computer, etc.)
- Honors/awards/certifications
- Community activities
- Computer generated
- Maximum of two (2) pages (preferable one (1) page)
- Professional appearance (spelling, style, grammar, punctuation)

C.. *Philosophy of Nursing (10 pts)*

- Beliefs about nursing
- Values that are basic
- How “you” view and practice nursing
- Concise (not to exceed one page)
- Professional appearance (spelling, style, grammar, punctuation)

C. *Professional Long-term and Short-term Goals (5 pts)*

- Long-term (3-5 year projection)
- Short-term (6 months - 1 year projection)

- Realistic (congruent with academic preparation and work experience)
- Action-oriented
- Time line identified

D. *References/Recommendations (5 pts)*

- Separate from resume
- Professional relationship identified
- Name and credentials
- Title
- Address
- Phone/Fax
- Letters of recommendation encouraged but not required

E. *Grade Transcripts (5 pts)*

- Registered nurse diploma program grades or associate degree nursing grades
- All college course work grades

II. Professional Leadership

A. *Professional Development (5 pts) - (Present verification/validation)*

- Continuing Education Units (CEU)
- Optional: Include syllabi from relevant courses in this section or an addendum
- Career ladder and/or position description(s)
- Professional journals
- Professional organizations
- Credentials Note: Academic credentials precede RN followed by certifications
- Professional licensure
- Professional image -poster presentation(100 pts)
- Political action poster presentation (100 pts)
- Community activity - presentation (100 pts)

B. *Personal Leadership Profile (5 pts)*

- Standardized leadership profile summarized Note: Profile survey will be provided. If survey not completed, identify strengths and weaknesses and supporting nurse theorist
- Summary of strengths
- Summary of areas that need support
- Theorist/leader who has influenced your leadership strategies (reference)
- Professional appearance (spelling, style, grammar, punctuation)

III. Issues in Nursing Practice

A. *Critical Thinking in Nursing Practice (5 pts)*

- Issue in nursing practice and health care
- How “you” view and use critical thinking in planning therapeutic nursing interventions
- Cite example
- Theorist/leader who has influenced your concept and definition of critical thinking (referenced)
- Concise (not to exceed one (1) page)
- Professional appearance (spelling, style, grammar, punctuation)

B. *Conflict Resolution in Nursing Practice (5 pts)*

- Issue in nursing practice and health care
- How “you” view and manage conflicts in nursing practice
- Theorist/leader who has influenced your definition and concept of conflict resolution
- Concise (not to exceed one (1) page)
- Professional appearance (spelling, style, grammar, punctuation)

C. *Change Theory in Nursing Practice (5 pts)*

- Issue in nursing practice and health care
- How “you” view and manage change in relationship to nursing practice
- Theorist/leader who has influenced your definition and concept of change
- Professional memberships/activities
- Concise (not to exceed one (1) page)
- Professional appearance (spelling, style, grammar, punctuation)

D. *Delegation in Nursing Practice (5 pts)*

- Definition Note: Utilize interpretation of Ohio nurses practice act
- Discuss the legal parameters relating to delegation
- Discuss the responsibilities associated with delegation
- Discuss example of when and what to delegate
- Discuss example of when not to and what not to delegate

IV. Scope of Professional Practice

A. *Research in Clinical Practice (5 pts)*

- Explain nursing database
Note: Give examples of groups of datum which form a data base
- Give example of computer search
- Importance of literature review
- Importance of author’s credibility
- Explain how you incorporate research findings into clinical practice

B. *Legal Guidelines in Nursing Practice (5 pts)*

- Copy of current Nurse Practice Act
- Copy of interpretation of rules
- How you view and define accountability and responsibility of professional practice in relationship to legal issues
- Concise (not to exceed one (1) page)
- Professional appearance (spelling, style, grammar, punctuation)

C. *Ethical Decision Guidelines in Nursing Practice (5 pts)*

- Issue in nursing practice and health care
- How “you” view and resolve ethical decision in nursing practice
- Theorist/leader who has influenced your decisions in resolving ethical issues (referenced)
- Step-by-step plan of ethical resolution (model to solve ethical dilemma)
- Professional appearance (spelling, style, grammar, punctuation)

D. Therapeutic Nursing Interventions as a Professional (10 pts)

Create a summary of the skills that you have developed to a greater degree from the RN-BSN program:

- Research
- Leadership
- Community
- Critical Thinking
- Theories
- Health promotion

Community Activity (100 pts)

- Identify population at risk and support with research
- Plan the activity (professor approval)
- Implement the activity
- Discuss the activity with the class
- One-page summary of event to be included in portfolio
- Include documentation under section II, Professional Development

Political Activity (100 pts)

- Identify a political issue and support with research
- Prepare a poster or powerpoint which informs others of the issue
- Present the poster to the class
- One-page summary of event to be included in portfolio
- Include documentation under section II, Professional Development

Professional Image Promotion (100 pts)

- Identify an arena to promote the professional image of nursing
- Prepare a poster or powerpoint presentation
- Present the issue to the class
- One-page summary of event to be included in portfolio
- Include documentation under section II, Professional Development

N450 Pre-Assignment
Please bring to first class
Summer 08

Purchase a large 3 or 4 inch plain color 3 ring zippered binder.

Purchase plastic sleeves to protect your papers.

Purchase 3 ring binder dividers. (at least 4)

Update your resume and bring to first class.

Write your professional biography according to criteria stated in syllabus.