



AMC Track and Field Coaches,

Preparations are well underway for the 2010 AMC Track and Field Championships. The next few pages have important information regarding the meet. My athletes and coaching staff are very excited about the opportunity to host this meet. Here is a list of individuals involved with administration of the meet.

**Dan McCallion**- meet director- [dmccallion@walsh.edu](mailto:dmccallion@walsh.edu)

**Al Campbell**- assistant meet director

**Jeff Bolender**- AMC T&F chair, Games Committee Member- [BOLENDER@cedarville.edu](mailto:BOLENDER@cedarville.edu)

**Bob Smalley**- Games Committee Member, 3<sup>rd</sup> yr. Former site host- [Robert.Smalley@houghton.edu](mailto:Robert.Smalley@houghton.edu)

**Mark McClure**- Games Committee Member, 2<sup>nd</sup> yr. Former site host- [mmclure@malone.edu](mailto:mmclure@malone.edu)

**Merl McGinnes**- Games Committee Member, 1<sup>st</sup> yr. Former site host

If you would like to volunteer for the jury of appeals please let me know (we need 3 individuals). If there are not enough responses the jury of appeals will be selected at the coaches meeting. The coaches meeting will be in the **David Center**. Lunch will be provided for you and your assistants.

1. Hotel Information is attached
2. ENTRY DEADLINE is NOON (EST) on Wednesday, April 14<sup>th</sup>.
  - Scratches- If you scratch an athlete from any event after you've entered, they must be removed from the entire meet.
3. Athletic Training Coverage:
  - Doug Willmott, the Walsh University athletic trainer, will be available before the meet in the training room located in the Athletic Center. While the meet is in progress he will be at the track facility. If there is a need to contact him concerning any treatment he may be reached at [dwillmott@walsh.edu](mailto:dwillmott@walsh.edu) of (330) 490-7027.

4. Meeting for Coaches:
  - The Friday Coaches Luncheon/business meeting will be held on campus at 12:00 in the Alumni Room located on the upper level of the David Campus Center.
  - Post meet wrap-up will immediately follow the last event.
    - Coach of the Year voting
    - Athletes of the Meet voting
    - Any other business that needs to be taken care of
5. Timing:
  - TRXctiming.com – Rich Shilling (314)522-6176.
  - Doug Photo will be on Site
6. Field Events:
  - All field events will be contested with 3 preliminary attempts followed by the top 9 marks advancing to the final.
  - Seeding will be random
7. Time Schedule:
  - Time schedule is set and will not run ahead.
8. Starting Heights:
  - Men's High Jump- 5'8" with 2" increments
  - Women's High Jump- 4'6" with 2" increments
  - Men's Pole Vault- 10'6" with 6" increments
  - Women's Pole Vault- 7'0" with 6"
9. Scoring:
  - 10-8-6-5-4-3-2-1
10. Results:
  - Results will be posted during the meet on the west side of the track
11. Awards:
  - Trophies for the winning teams
  - Plaques for outstanding track and field athletes of the meet (male and female)
  - Coach of the Year (male and female)
12. Warm-ups:
  - During races run in the lanes only participants in the race may be on the track.
  - During the 100 and 200 the unused portion of the track may be used to warm-up.
  - Athletes who interfere with another competitor can be disqualified from the meet, or have their teammates disqualified.
  - All athletes and fans must stay within the marked areas for spectators.
13. Games Committee:
  - Jeff Boldender, AMC Track & Field Chair
  - Mark McClure, Site host #3
  - Bob Smalley, Site host #2
  - Merl McGinnes, Site host #1

14. Walsh University Track & Field facility

- 8 lane Accelerator (Latex) surface track
- Steeplechase pit on interior of the 2<sup>nd</sup> turn
- High Jump is on the inside of the track on the 2<sup>nd</sup> turn
- Javelin will be contested on the fields north of the track. Thrown off grass.
- Pole Vault, long jump and triple runways are outside the track along the north side. All runways are all weather surface
- Short put is located north of the hammer cage. Crushed stone sector area.
- Discuss and Hammer is located about 150 yards to the north of the track
- Bleacher seating for 1,000

15. Other information:

- Remember to consider championship format rules
  - Meet will adhere to a championship format as described by the 2010 NCAA Track & Field rule book.
    - For example, within a championship format, competitors may complete preliminary attempts in the field events out of order within flights, but may not change flights

16. Parking:

- As you enter Hoover Park to get to the track, buses must park to the right. Vans can park anywhere except along the road and thrower area.

17. Contact Information:

- Dan McCallion
  - Office - (330) 490- 7014
  - Home- (330) 494-7049
  - Cell- (330) 409-5599
  - Email- [dmccallion@walsh.edu](mailto:dmccallion@walsh.edu)