



Walsh Celebrates Hispanic Heritage Month with a Spanish Mass



Photo by Matthias Bean.

BY: MATTHIAS BEAN, STAFF WRITER

In Honor of Hispanic Heritage Month, Walsh's LatinX club, along with Campus Ministry, organized the 11:00 a.m. Sunday Mass on October 9th, to be said in both Spanish and English to celebrate the Latino and Hispanic communities at Walsh and throughout the United States.

The main celebrant of the Mass was Father Brian Smith, the Director of Hispanic Ministry for the Diocese of Youngstown, and Walsh Chaplain, Father Thomas Cebula, served as the concelebrant.

Members of Walsh's LatinX club served as ushers and lectors for the Mass, and the Mass featured musicians who sung Spanish hymns. The pews in the chapel were decorated with flags representing the main Spanish-speaking countries in the world including, countries in Central America, South America, as well as Spain.

At the conclusion of the Mass, Father Brian Smith, blessed holy cards for the congregation to take, featuring Our Lady of Guadalupe and Saint Oscar Romero; both saints are of great significance to Hispanic culture.

Our Lady of Guadalupe appeared to Saint Juan Diego on Tepeyac Hill in Mexico several times, with the first apparition occurring on December 9th, 1531. During these apparitions, Our Lady of Guadalupe instructed Saint Juan Diego to build a temple on the site in which she appeared so she could hear the prayers of the people of Mexico. Eventually, the temple was built, and it still exists today; it is the site of many pilgrimages.

After Our Lady of Guadalupe appeared to Saint Juan Diego, her image miraculously appeared on his tilma, and this image has become very important to Hispanic Culture and Catholic Culture as a whole. This image has been featured in much Catholic artwork. Due to the significance of her appearance in Mexico, Our Lady of Guadalupe is considered the Patron Saint of the Americas.

Saint Oscar Romero is also of great importance to Hispanic Culture, as he was appointed Archbishop of El Salvador in 1977, during a time of much tension in the country that led to a Civil War in 1979, and would last for twelve years. After becoming an Archbishop, Saint Oscar Romero became a very courageous and outspoken leader against the Civil War taking place in El Salvador, and would constantly preach and advocate for peace in the country. He urged the government to act with charity toward the people of El Salvador and work to defend them and bring peace to the nation. Saint Oscar Romero's opposition to the Civil War in El Salvador made him unpopular among many in the country, and he was killed as a result of what he preached when he was celebrating Mass on March 24th, 1980. On October 14th, 2018, Oscar Romero was canonized a Saint and is considered the Patron Saint of Persecuted Christians.

Get Involved with Intramural Soccer

BY: MEGAN ETTER, STAFF WRITER

Have you been looking for a way to get more involved on campus? Or maybe you were involved with a sport in high school and want to continue playing for fun? You should be on the lookout for emails about intramural sports!

Varney Pelima, Walsh's Coordinator of Recreation and Wellness, sends out emails a few times a year advertising the intramural sports and looking for participants.

There are intramurals teams for a variety of sports, such as basketball, bowling, flag football, ultimate frisbee, and more! The more participants that sign up, the more teams there are, and usually, every team must have at least 1 girl on the team. The games are held typically 1-2 times a week, and at the end of the season, playoffs are held.

Each team enters a bracket and plays each other until there is one winning team. The team gets a t-shirt and the pride of being that sports intramural champs! It's a fun time, a great way to get involved on campus, whether you live on campus or commute, and is a fun way to meet new people and stay active.

Just last Friday, October 7th, Intramural soccer had their playoffs. Five teams were created this year, and only one could walk away with such a prestigious title.

The team names are created by the teammates themselves, so there were a few interesting names this year. The reigning champs from last year, Salvavidas, a large part of the boy's lacrosse team, SonkFest, Rangers of Motion (ROM), The Iron Lions (TIL) and last, but definitely not least, Tripods.

Anyone can join intramurals whether you are Cristiano Ronaldo reincarnated or have never picked up a soccer ball in your life. The games were all competitive, with all teams fighting for a chance to advance further.

There was lots of cheering, lots of tough coaching decisions, and lots of good soccer. At the end of all the games, the victory went to Rangers of Motion. Make sure to be on the lookout for future intramural emails. They are a lot of fun and something you don't want to miss.



The Tripods Photo by: Megan Etter.



The Iron Lions Photo by: Megan Etter.



The Salvavidas Photo by: Megan Etter.



The Rangers in Motion (Champions!) Photo by: Megan Etter.

Intramural Basketball Hoops Right In

BY: LEAH DIMICHELE, STAFF WRITER

With intramural soccer wrapping up and the weather changing, we need a change of pace for all of those intramural lovers out there.

Intramural basketball takes a few forms and variations. Each team requires at least 2-3 girls to be on it and must have 1 girl on court at all times. Personally, I do not mess with basketball, as I am more of a volleyball, soccer, swimmer girl, but sadly there is no pool at Walsh, so I must kiss intramural swimming goodbye and adieu for now.

Team names for intramural basketball can be whatever you want; if you go on to the IMLeagues website and search for 3 v 3 basketball, you can already see that there are two teams up and running as of right now (October 8th, 2022). That can change, however, since the intramural basketball teams are insanely competitive and full of joy. Last year, since you could not catch me dead playing on a team, I would just go and watch my friends play and I still had just as much fun as them.

Playing on a team has many upsides: since it is every Thursday, you are guaranteed a workout session plus a hangout friend session all in one go – it satisfies every need on the Maslow's hierarchy of needs pyramid for sure.

Another option is available for basketball players, especially men! Intramural basketball also offers Men's Sundays for only male teams to play ball and go absolutely insane. As of right now (October 8th, 2022) there are three teams ready to go for Men's Sundays; this means that if you want to catch an amazing basketball game then you must travel to our athletic complex on your Sunday off to see how frightening it would be to be a professional basketball player; even though they are in great shape and they do put in a ton of effort with great discipline, it could not be me personally.

Intramural basketball will begin October 27th and will end November 20th, so sign up and gather as many friends as possible or just throw yourself into a team – it is how you can meet people and gain a few basketball skills on the way. How fun.

P.S., some teams wear matching shirts whenever they play, if you do this you are guaranteed a win – trust me.

Football Returns Home and Suffers Loss to Nationally Ranked Ashland

BY: MATTHIAS BEAN, STAFF WRITER

After a two-game road trip for the Cavaliers Football Team, that included a trip to Lebanon, Illinois, to face non-conference opponent McKendree (which resulted in a 46-10 loss for the Cavaliers), and a trip to Columbus to face conference opponent Ohio Dominican (which resulted in a 21-0 loss for the Cavaliers). Walsh Football returned home to the Larry Staudt Field on October 8th to play the Ashland Eagles.

Going into the game, Ashland was ranked as the 6th best team in all of Division 2 in the AFCA Coaches Poll. The nationally ranked Eagles proved to be a tough challenge for the Cavaliers, as Ashland jumped out to a quick 7-0 lead over Walsh less than a minute into the game.

After recovering a Walsh fumble that set the Eagles up in good field position, the Eagles would quickly expand their lead to 14-0 with 13:23 left to play in the first quarter. After intercepting a Walsh pass, the Eagles were in good field position early in the game.

The Eagles would expand their lead to 21-0 with 4:32 left to play in the first quarter, off a 3-yard touchdown run that capped off a 14-play 84-yard touchdown drive for Ashland. The Eagles scored yet another touchdown after Ashland blocked a Walsh punt, and returned for a touchdown to give them a 28-0 lead over the Cavaliers with 3:34 left to play in the first quarter.

The score would stay the same until late in the second quarter, when Ashland recovered a Walsh fumble in the Cavaliers' end-zone for a touchdown to give Ashland a 35-0 lead with 2:03 left to play in the second quarter.

Despite the early deficit the Cavaliers faced, Walsh was able to hold Ashland scoreless in the second half; Walsh was unable to score the rest of the game, giving Ashland a 35-0 victory. The matchup against was the first of a three-game homestead for the Cavaliers.

The next game for the Cavaliers is on October 15th at 12:00 p.m. against the Lake Erie Storm. The Cavaliers will then have a bye week and will return home to play the Kentucky Wesleyan Panthers on October 29th at 12:00 p.m.

Men's and Women's Soccer Split Matchups for Rival Malone

BY: MATTHIAS BEAN, STAFF WRITER



Photo by Delaney Wilson.



Photo by Delaney Wilson.

On Thursday, September 29th, the Larry Staudt Field served as the site for a soccer doubleheader; the Walsh's Men's and Women's teams faced off against the local rival, the Malone Pioneers.

The Cavaliers Women's Soccer Team played the first game at 5:00 p.m. The women ended victorious, leading the Pioneers 3-1. The first goal for the Cavaliers was scored by Megan Anderson at the 40:08 mark of the first half to give Walsh a 1-0 lead.

In the second half, the Cavaliers got off to a quick start with a goal scored by Emma Gecks, and assisted by Maddie Schweiger, at the 47:43 mark, earning the score 2-0, with Walsh in the lead. Walsh then jumped out to a 3-0 lead off a goal by Krista Prasek at the 61:25 mark.

Malone eventually responded with a goal at the 68:10 mark, but Walsh would hold on to their lead, giving the

Cavaliers a 3-1 victory. This improved the Cavaliers' record to 5-4-1 on the season and improved their all-time record versus Malone to 14-1-2.

After the women's victory, the Men's Soccer Team took the field at 7:30 p.m. At the beginning of the first half, Malone jumped out to an early lead, scoring a goal at the 10:47 mark, earning themselves a 1-0 lead.

Malone would expand on their lead, scoring a goal at the 34:08 mark, taking their lead up to 2-0 over the Cavaliers. The score would stay the same for the rest of the game, giving Malone a 2-0 victory.

The Cavaliers were able to register 12 shots, with 5 of them on goal but unable to find the back of the net most of the game. Walsh goalie, Charlie Walker, was able to keep the game within striking distance by registering 6; and the loss was only the Cavaliers' second on the season, giving them a 7-2-2 record. Walsh's all-time record against Malone is now 10-8-2, in Walsh's favor.

The Cavaliers Men's and Women's Soccer Teams will both conclude their regular season at Malone for another doubleheader against the Pioneers on October 29th.



Photo by Delaney Wilson.



Photo by Delaney Wilson.

Staying Safe on Campus



Photo by Sadie Pozderac.

BY: NADYA HUDAK, STAFF WRITER

Now that the winter months are approaching and it's getting darker earlier and earlier each night, it's important to know how to keep yourself safe. Whether you're walking back from class or from an activity, it's good to be aware of your surroundings, so here's some tips if you ever feel uneasy.

1. Walk With Someone Else

While you shouldn't walk alone at night in general, sometimes it's necessary. The easiest way to stay safe when walking to your dorm or car is by finding a buddy to walk with. Whether it's a phoned friend or someone you were just hanging out with, this practice is a good way to ensure safety. Even if you don't know anyone around you, Walsh is full of people who would gladly walk with you if you feel unsafe.

2. Lock Your Doors and Windows

If you live in Menard, Seanor, or the Apartments, you should make sure to lock your doors and windows. This way, if someone were to get into your hall and to your

door somehow, they can't just come in. We have a good community on campus, but it's always better safe than sorry.

3. Stay Aware of Your Surroundings

While it's easiest to throw in some headphones and listen to music while walking, it can also be dangerous. By keeping your head up, being aware, and walking with confidence, not only will you feel safer yourself, it's also a proven technique to ward off potential dangers.

4. Know Your Resources

Walsh is lucky enough to have trustworthy officers in Campus Security and many University Officials who have your back. Our campus officers are available 24/7, 7 days a week. If you're feeling threatened or harassed by someone, contact Campus Police or the Title IX coordinators as soon as possible. They're here to help and will be more than willing to do so. Both numbers are on the back of your Walsh ID if you ever need it in a pinch.

Campus Security: (330) 490-7474
Title IX: (330) 490-7105

Enrichment Week...What Can You Expect?

BY: LEAH DIMICHELE, STAFF WRITER

Happy finals week! Before I start explaining Enrichment Week, I first want to take the opportunity to wish everyone luck on their finals and to do their best even if they are feeling a little burnout during the end of the Fall one semester. We made it, and we are halfway through... is that not insane? Before you know it, it will be Christmas break and then Spring break and then, BOOM, graduation. Cherish this time while you have it, you will not regret the extra challenging work you put into every finals week; it is worth it overall.

So, once you have wrapped up all your finals, then what? You have two options (maybe three): you either go home, stay on campus, or stay on campus and participate in Enrichment Week here at Walsh University.

What is Enrichment Week? Enrichment Week is a transitional week where students have school off to prepare for the second half of the Fall semester. During this week, students can engage in different activities put on by Walsh to establish a community to have fun but also learn topics of value.

A few of the activities taking place during Enrichment Week are: Residence Hall Recipes, Martial Arts and Leadership, Pound fit, Laughter Therapy, Make-and-Take Body Scrub and Facial Mask, Redefine your Legacy, and Coaster Making. From these activities, students are provided with an activity to do while also learning a good bit of information that can help them in the long run.

Why should you participate in Enrichment Week? As you can see from the titles of the activities, you will not just be volunteering your time for nothing in return, each student will learn and can take something back with them from each activity provided.

For example, Residence Hall Recipes may be a good one to participate in for incoming students and freshmen, just because sometimes the dining hall may not serve something you want, so it is good to have the knowledge of other food recipes that you can easily make in a dorm room without a full kitchen, as most of the residence halls on campus do – especially for underclassmen.

Another one I have my eye on is the Make-and-Take Body Scrub and Facial Mask. Body scrubs are expensive, man. If I can easily make one myself and take it back with me to my dorm, you bet your bottom dollar that I am going to jump on that opportunity.

These are the benefits of Enrichment Week; you learn skills and other topics that can broaden your perspective or teach you important tricks (like the Martial Arts and Leadership activity) and can also leave you with some fun goodies to take back to your dorm. So, take this opportunity after finals to relax and unwind with the activities Walsh will provide for us.

Blessed Carlo Acutis' Traveling Relic to Hit the United States

BY: LEAH DIMICHELE, STAFF WRITER

Carlo Acutis was diagnosed with leukemia as a teenager and was known to offer up his suffering to Pope Benedict XVI. It was said that, from a young age, Carlo has always had a special love for God. Though his parents were not devout, Carlo enjoyed praying the Rosary and attending Mass. Even at a young age, he went to mass as often as he could. Carlo was known to be the one to drag his parents and relatives to Mass every day, not the other way around. His devotion was so great that he would make holy hours before and even after Mass.

Alongside this, Carlo was also a computer programmer, gaining him the nickname, "computer geek saint." He created a website that catalogued and promoted Eucharistic miracles around the world.

When Carlo died from leukemia, his heart was displayed as a relic in a reliquary in the Basilica of St. Francis of Assisi. His body is said to be incorrupt and is displayed in a glass tomb with a pair of jeans and Nikes – clothing he preferred to wear in his life.

So why did I bring up Carlo Acutis? It is because his heart – his relic – will be traveling around the world and is expected to hit the United States, starting with traveling throughout New York. Since he was such an inspiration to many, his heart will be the main point during the Eucharistic Revival,

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Photo Courtesy of franciscanmedia.org.

which is a renewal and rekindling of faith in the belief and the value of the presence of Jesus Christ in the Eucharist. The relic was in New York during April 3-8th at Mass in Saint Rita's Church in the Bronx and was celebrated by the Archbishop of New York, Cardinal Timothy Dolan.

Carlo Acutis will forever be an inspiration to younger Catholics trying to find their way in the faith and what the



The relic of Blessed Carlo Acutis was on display in New York earlier this year. Photo Courtesy of newsbook.net.

faith will mean to them. Many saints have an interesting and complex story attributed to them, and some may find it difficult to relate to their own lives and the extent the saints reached in their faith lives. Blessed Carlos is a great example of how we, as young people, can live out faith in the ordinary of our every day. We should follow in his footsteps in leading a humble faith life.



The glass tomb of Blessed Carlo Acutis is on display in Assisi, Italy Photo Courtesy of cbcpnews.net.



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