



PAGE 2

Cardinal Arinze on
Communion in the Hand

PAGE 5

Walsh Volleyball Streaking

PAGE 4

Student Loans

Let's Talk About Hunger

MARGARET MARY ANDERSON, LAYOUT ARTIST

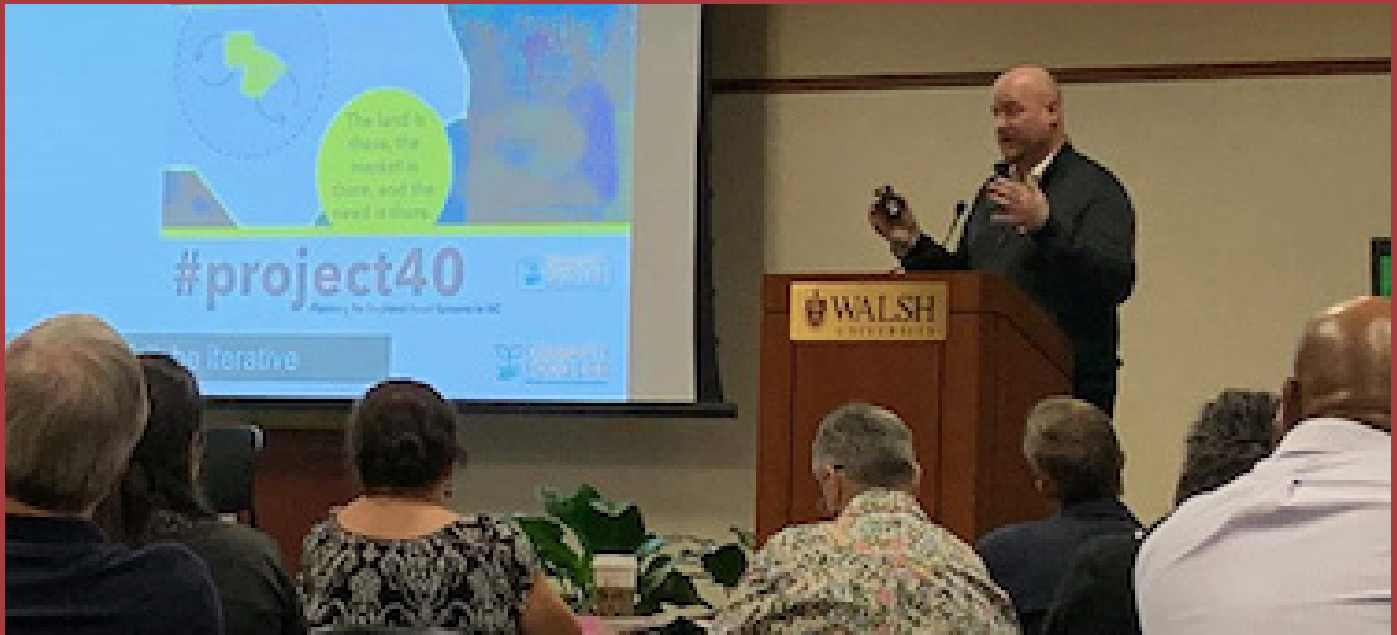


Image provided by Walsh University

During the last weekend of September, people from all over the state of Ohio gathered on Walsh University's campus for the Ohio Hunger Dialogues. Attendees listened to speakers and participated in workshops to facilitate a conversation surrounding the worldwide issue of food insecurity at a local level.

The event, sponsored by Meijer, was rooted in the Design Thinking Process. This cyclical thinking process entails solving problems with communities rather than for them by using steps such as

empathy, prototyping, and testing. This ensures that communities find a solution that meets their unique needs. Keynote speaker Aaron White emphasized the importance of such a process by describing his current and past projects.

The Design Thinking Process is also utilized by Walsh University's Food Design Institute, which works with the community of Massillon to create a hunger-free community. Students who are interested in working with the FDI are welcome to apply for open positions. Please email FDI@walsh.edu if interested.

Cardinal Arinze on Communion in the Hand

MARGARET MARY ANDERSON, LAYOUT ARTIST



Image provided by Walsh University

When Cardinal Arinze visited Walsh in September, a question was asked about the reception of Holy Communion in the hand. This article will provide additional context surrounding the Cardinal's answer while engaging in an examination of Church teaching on the practice.

One principle must be discussed prior to the beginning of any discussion about the reception of Holy Communion. This principle is that the Eucharist is the Body, Blood, Soul and Divinity of God. During Holy Mass at the consecration, the bread and wine upon the altar become the True Flesh and Blood of Christ, who is God, while retaining the accidents of bread and wine through transubstantiation. This has always been and will always be the teaching of the Holy Catholic Church. It naturally follows that one ought to receive Holy Communion with as much reverence as possible, for even the greatest reverence of man is nothing to the Perfection of God.

The traditional method of receiving Holy Communion in the Latin Rite is on the tongue while kneeling from a Priest. Today, the most common method is receiving in the hand while standing. However, this is not the rule; it is, canonically speaking, an exception.

Cardinal Arinze began simply by saying, "Is there a problem? Yes, in that it's a very important question

whether Communion is given on the tongue or in the hand. There is no dogmatic error. But I think it is a psychological mistake. Now it is difficult to stop. If you want to stop it, people will cry." In this statement, the Cardinal is clarifying that the reception of Holy Communion is a matter of discipline. If the current practice of the Church is wrong, it is not a cause to question the integrity of the Church's teaching. Rather, it is an instance where the Church must reevaluate a matter of discipline and reexamine its perennial teaching to ensure there is a unity between its belief and its practice.

Cardinal Arinze characterized the allowance of receiving Holy Communion in the hand as a "psychological mistake" on the part of the hierarchy of the Church. This is clear from the history he gave surrounding the practice: "Communion in the hand began in the Catholic Church as an abuse in some European countries and they were told, this is wrong, the book says you give It on the tongue. . . They continued to disobey and, when they disobeyed, some people in Rome surrendered. It is a pity." Prior to the 1960's Communion in the hand was understood to be forbidden throughout the Universal Church. Though it did occur in the early Church, it was suppressed, eventually condemned at the Synod of Rouen in 650. After the Second Vatican Council, Communion in the hand was reintroduced by several disobedient bishops within their areas of jurisdiction without the permission of the Pope. After Pope Paul VI initially tried to stop the abuse and explicitly condemned it, Paul VI issued the document *Memoriale Domini* (1969).

The document draws a clear hierarchical distinction between the two methods of reception. It clarifies that reception of Communion on the tongue while kneeling is better than that of receiving in the hand for three reasons: reverence for the Sacrament, protection of the Sacrament from profanation, and a decreased chance of losing particles of the Host (*Memoriale Domini*).

Cardinal continued on page 3.

Cardinal continued from page 2

After *Memoriale Domini* was published in 1969, Pope Paul VI granted an indult, which is an exception to Canon Law that allowed the practice of communion in the hand in those countries where it was already a practice at the time of the indult. Yet, even though the indult was given to only a few countries, the practice continued to spread throughout the world.

Under the current 1983 code of the Canonical Law, it is permissible to receive Communion in the hand, “in areas where the Bishops’ Conference with the recognition of the Apostolic See has given permission.” But the Canon clarifies that, “If there is a risk of profanation, then Holy Communion should not be given in the hand to the faithful” (Code of Canon Law 92).

The permission of the Holy See would be the indult granted by Pope Paul VI to certain countries, but attention ought to be given to the second portion of the Canon. This states that in areas where there is a risk of profanation, the Host ought not to be given in the hand. When this is read in light of Canon 94 which states that, “It is not licit for the faithful “to take . . . by themselves . . . and, still less, to hand . . . from one to another” the sacred host or the sacred chalice.” It becomes apparent that it is not allowed for the faithful to touch the Host with their hand. To do so would constitute a violation of Canon Law and an abuse. It is self-evident that one cannot receive the Host in the hand without touching It. Again, it is specified in Canon 92 that, “If there is a risk of profanation, then Holy Communion should not be given in the hand to the faithful.” (Code of Canon Law 92.) Profanation is not only a

risk but a certainty. This would seem to suggest that Communion in the hand, even in those places where an indult has been given, ought never to be permitted.

One may object that the touching of the Sacred Host by the hand of a lay person is not a profanation. According to Merriam-Webster dictionary, to profane something is to treat it with irreverence or contempt. In his *Summa Theologiae*, Saint Thomas Aquinas writes, “. . . out of reverence towards this Sacrament, nothing touches it, but what is consecrated; hence the corporal and the chalice are consecrated, and likewise the priest’s hands, for touching this Sacrament. Hence, it is not lawful for anyone else to touch it except from necessity, for instance, if it were to fall upon the ground, or else in some other case of urgency” (*Summa Theologiae*, III, 82, 3). Note that the Angelic Doctor gives as his reasoning reverence towards the Sacrament. For a lay person were to touch the Sacred Host or Vessels without grave reason, this would constitute a profanation of the Sacrament and must never be permitted unless there is a case of grave necessity.

This is consistent with the analysis given by Cardinal Arinze in September. Speaking in the first person, the Cardinal said, “If Cardinal Arinze had any hand when it was being discussed, I would have blocked it.” Furthermore, in answer to a follow-up question about how to proceed with the issue, the Cardinal used the example of Pope Benedict XVI by saying, “When he became Pope, he saw the problem. So, he decided that when he would say Mass he would only give Communion to those who would kneel down and receive on the tongue only. If you don’t want that, go back where you came from.”



Image provided by Walsh University



Image provided by Walsh University

4 Opinion

Student Loans Part I: Blessing or Burden?

DANIEL LIEBLER, STAFF WRITER

Student loan debt in 2019 is the highest it has ever been.

In a recent article for Forbes Magazine, financial analyst Zack Friedman reported that there are currently 45 million borrowers of all ages and demographics in the U.S. who collectively owe \$1.5 trillion dollars of student loan debt. Hitting even closer to home, CollegeFactual.com indicates that 74 percent of Walsh University undergraduates utilize federal loans to help fund their education, with the average student taking out about \$6,600 per year. Borrowing this amount--which typically increases each semester--will result in around \$27,000 in loans for a four-year Walsh degree, just a little below the national average of \$30,000. That's a lot of money to owe someone fresh out of college.

Many argue that a federally funded education is the only way to attend a university, which is undoubtedly a huge opportunity for young individuals to study something meaningful and secure a bright future for themselves. It's basically a foregone conclusion, then, that student loans are a necessary evil, a harmless expense of a college education.

In the long run, however, student loans can be quite problematic. Here's why: Student loans encourage an overly extravagant lifestyle.

One of the most exciting aspects of college is undoubtedly the newfound freedom that students discover as they find themselves living on their own for the first time. This independence often gives rise to carefree attitudes as well as intemperate amounts of spending. Enjoying the unique university setting is certainly a good thing, but if the federal government is funding the "college experience," what need is there for students to budget weekly expenses, learn personal finance or work a part-time job to fund their weekend parties? Loans encourage students to live beyond their means and train them to rely on someone else's money to fund an existence that might not be the most beneficial long-term.

Student loans promise a fictional ROI.

Another reason why students take out loans is the promise of a big paycheck upon graduation. While there is certainly a correlation between high-income earners and college degrees over time, expecting to make six figures right away is a fantasy. Many students graduate without full-time jobs in their fields, and according to a 2019 study by CNBC News, those that do make an average of less than \$50,000. Taking out \$30K in loans (not to mention hefty out-of-pocket college expenses) to make \$50K is mathematically flawed. Conversely, paying cash for college might take some extra work and planning, but when a student graduates, their income belongs entirely to them, not a greedy financial institution. Worth it. Student loans delay life.

Upon graduation, many students feel the pressure of student loans so acutely that they are compelled to delay or forego significant decisions in order to meet their monthly payments. SoFiLearn.com reported that in 2019, as much as 35 percent of recent decreases in millennial homeownership could be attributed to mounting student loan debt. Furthermore, students are delaying getting married, having kids, pursuing graduate school and even saving for retirement all because of the need to make an interest-laden payment. Avoiding loans empowers students to make important life choices without the bank's approval.

While many in the university setting would have students believe that loans are the only way forward, these three reasons lead one to the conclusion that they are ultimately a crushing burden.

Tragically, most undergrads (myself included) don't learn the truth about loans until after the damage has been done. What are students who feel like they're drowning in debt supposed to do now? Can something really be done about this \$1.5 trillion dollar deficit that is rapidly growing every day?

Spoiler alert: Yes.

Read Student Loans Part II in the next issue of *The Spectator* to find out how.

Cavs Football Falls Again

JARED WALSH, SPORTS EDITOR



Photo by Teddy Hughes

Cavaliers getting pumped in the tunnel awaiting the start of the game.

A hard fought battle for the Cavs comes up short as they were defeated by Findlay 19-10 Saturday October 12th at Tom Benson Hall of Fame Stadium. Walsh is slowly finding their identity after a few tough losses. Findlay is 4-2 on the year and the Cavs gave them a good game showing signs for the rest of the season.

Koby Adu-Poku finished the game with 140 all-purpose yards. This came from 15 rushing attempts for 79 yards, three receptions for 15 yards and an opening kickoff return of 45 yards. Although Tadas Tatarunas had the only touchdown from a two yard run for Walsh. He had a day to forget passing the ball. Tatarunas finished the day throwing 9-22 for 84 yards and 3 interceptions. Morgan Trust, Senior Defensive Lineman, led the game with 11 total tackles while also getting to the quarterback once for a sack. Trust also had the only turnover for the Cavs with a forced fumble.

Next Up for the Cavs, they host West Liberty at Tom Benson Hall of Fame stadium Saturday October 19th at 1:00 PM. This is the homecoming game for the Cavs. This game can be the turnaround game the Cavs need as West Liberty is 1-2 on the road.

Walsh Volleyball Streaking

JARED WALSH, SPORTS EDITOR

Walsh's Volleyball team has won four straight matches making their record on the season 10-4 and an undefeated conference record of 4-0. They defeated Ohio Dominican three sets to two Friday September 27th. Next, they went on to beat Trevecca Nazarene three sets to one Friday October 4th. After, Trevecca Nazarene they defeated Kentucky Wesleyan three sets to one Saturday October 5th. Most recently, Walsh defeated Malone three sets to one Friday October 11th.

Standout athlete for Walsh was redshirt freshman Olivia Kearns as she was awarded G-MAC defensive player of the week. Kearns totaled 32 digs and 87 assists earning her the award. Malone took an early lead against Walsh as they lead the entire set and won set 1 25-20. However, the Cavs were able to bounce back and take three straight sets (25-18, 25-16, 25-14). Senior Lauren Loucks lead Walsh with 17 kills. Sophomore Amber King lead Walsh with four blocks. Junior Hallie Schroeder led the Cavs with six serving aces.

Next up the Cavaliers will travel to Indianapolis for the Midwest Region Crossover Friday October 18th and Saturday October 19th. Afterwards, Walsh will return home and host Lake Erie College Friday October 25th at 7:00 PM. As of now, Walsh is second in the G-MAC standings. If standings hold, Walsh will face Hillsdale Friday November 8th for top spot.

Typist's Tales: Ink

MORGAN AHART, STAFF WRITER

Hello dear Readers! It is your dear friend the typist here to entertain you once again! This week's tale is something special indeed! I found this written in a small apartment in a far-flung reality, and specially transcribed it for you! A rarity indeed! Enjoy dear readers, enjoy!

"I'm a writer. That's important to get out there right from the start. I think the dreams of most writers boil down to one or two things: to be remembered as a great writer long after they're gone, or to have their characters become real. Sure, there's plenty enough variation within the dreams of writers, but at the heart of them, it's almost always one of those two. My dreams were of the former. I desperately dreamed of being a famous author. I even had some wild dreams of leaving a lasting mark on the profession of writing. I was willing to do anything to see those dreams realized. Anything."

"I was struggling to get anyone to even glance at my writing when he came to me. He called himself Mr. Cark, and he was a short, shifty little man. He had the strangest appearance, but more disconcerting was the fact that once he walked away, it was impossible to remember what he looked like. I don't mean he was forgettable, either. He had the strangest appearance I've ever seen. As soon as he left, the image of him left my mind forcefully. The first time I was absolutely bewildered by it. It confused me so badly I almost convinced myself it was a dream for the sake of my own wellbeing. But then he came back. The second time we met, I tried to hold his image in my mind. I was picturing him down to the last detail, and I'd even written down a description of him. But as soon as he shut the door behind him, the image disappeared from my thoughts, leaving a migraine in its place. I checked the paper, thinking that would help me remember him, but the paper was blank. I know I wrote on that paper. I'd nearly filled the entire page with messy, rapid handwriting, but the page was just blank."

"I've always had memory problems. It's part of why I was drawn to writing. It pinned ideas to paper. Once I'd taken my pen up, I could trap the details and ideas that eluded my grasp so irritatingly in ink on the page. I always found that comforting; so the fact that not only could this guy slip through the cracks in my mind, but I couldn't write about him scared me. My instincts said to tell him to get out of my apartment and never come back, but each time I found myself just sitting there listening. He said he knew the secret to get my work published, to get the fame and the recognition I so craved. It made no sense, but he spoke with such supreme confidence and self-assurance that I couldn't help but believe him."

"He told me that I was trying too hard to create things from scratch. What I needed to do was find interesting ideas and people, and I'll never forget his exact words, "Pin them to the page, and they'll start telling the story for you." It chilled me to hear him use the same sort of terminology I did to describe writing. Somehow, when he said it, the phrase felt dark and wrong. I couldn't shake the feeling that there was something different about the way he meant that phrase. I wasn't sure if it was just the tone behind it, or if I could sense a different intent in his mind. Either way, it rattled me, and those words whizzed around my head for days like wasps in a disturbed hive. I couldn't get his words out of my head."

"The next time I sat down to write I got the urge to do a short story; and with his words still buzzing around in my head, I based the protagonist off of my best friend John instead of making a unique character from scratch. John was a big man with an even bigger personality. He was uproariously funny, and smart if a little harsh. He was probably one of, if not the most interesting person I had ever known. So he seemed the ideal candidate to test the advice of Mr. Cark. I took what I knew of John and just wrote how he would react to being put in the situation of the story. The story

Typist continued on page 7.

Typist continued from page 6

came to me so easily and so fast that I could barely keep up with it. It was like the character was writing its own story, and I was just an observer, recording what happened for posterity. The writing was so much easier this way, and more than that it was so much better than my prior work when it was finished. I was so excited I wrote a second story. This time I based the character on my sister Abigail. A tall, thin, ill-tempered woman, who was also one of the most generous people I'd ever met. Her story was similarly easy to write. It felt just the same as the story about John."

"I was ecstatic with how the stories came out. I spent the rest of the day writing cover letters to send into a few fiction magazines I liked. That evening, I called John to see if he wanted to go out for drinks. It said his line had been disconnected. I didn't think much of it, he had his own busy life to attend to and probably forgot to pay his phone bill and hadn't noticed yet. The weird thing was, I called my sister after to ask if she wanted to go but it said her line was disconnected too. I could pass it off without worry with John, but not Abigail. She was attached to her phone. She'd let her utilities be shut off before her phone. She lived about half an hour's drive from me, and I decided to make the drive over and check on her."

"When I got there, her car was in the driveway and the lights were all on. I could hear the TV rumbling, and I could even hear a kettle boiling, but she didn't answer the door. The house seemed totally empty. I had a spare key in case she locked herself out or there was an emergency, so I let myself in. She wasn't there. She was gone. Her shoes were all arranged by the door, none of them were missing, her keys were still on the rack. If she had left, it wasn't of her own accord. I looked around the house for her, or any signs of what could have happened with the hissing of the kettle ringing in my ears. Finally, I looked at her chair, a heavy brown leather armchair that was worn from use. I'd moved it in for her when she moved into her apartment because she couldn't lift it. There in the seat was a puddle of ink. Black, thick, and coagulated with extended exposure to the air."

"I stared at it, trying not to let the insane conclusion creeping into my mind take root. I shut the kettle off and left, rushing to John's house. I had to know this was just an isolated occurrence. That Abigail had just spilled some ink somehow. When I got there, there was more of the same. The lights were all on, his car was there, not a thing out of place. Not a thing except a large, thick, black, coagulated ink puddle in his kitchen in front of his dining table."

"I don't know who, or what this Mr. Cark is, but he's not natural. Not human. That much I'm sure of. I have to know where they went, John and Abigail.

That's why I'm writing my own story. I can feel it happening. It's begun already.

It started at my feet, dripping, away drop by drop into ink. I thought it would hurt to be turned into ink, but it's not. It just feels numb I barely notice. Almost like a drip at a time my body is merely ceasing to exist, rather than being damaged. It's almost up to my arms now."

"I'm going to find them, wherever they are. I have to."



THE WALSH UNIVERSITY **Spectator**

EDITOR-IN-CHIEF

Karen Klatt

LAYOUT & DESIGN

Margaret Anderson

STAFF WRITERS

Jared Walsh

Hannah McFeeters

Morgan Ahart

Daniel Liebler

FACULTY ADVISOR

Tricia Ostertag

COMMUNICATIONS DEPARTMENT

DIRECTOR

Dr. Mark Rogers

The Walsh University Spectator is produced and managed entirely by students. It is published during the academic year under the auspices of the Division of Literature, Language and Communication.

The Spectator accepts full responsibility for the editorial content of its pages. Opinions expressed herein are not necessarily those of the student body, the faculty, the University, Spectator Staff or the Division of Literature, Language and Communications. Staff editorials reflect the view of a majority of the editorial board.

Please send us your comments and opinions via e-mail (spectator@walsh.edu). The Spectator reserves the right to hold or edit any submission received.

As an organization, the Spectator accepts the responsible traditions of the democratic press to inform, entertain, investigate, interpret and evaluate. The Spectator recognizes its responsibility to provide a forum for diverse opinions, to serve the interests and needs of the Walsh University student body and to provide news and commentaries that are fair and accurate.

A Few Fantastic Films for Horror Newbies

DANIEL LIEBLER, STAFF WRITER

It's that spooky time of year again.

Time to break out the popcorn and binge-watch all the classic scary movies that make the month of October so enjoyable. But with so many choices and subgenres within the realm of horror, making a decent movie-night decision can be overwhelming.

Never fear. Here is a definitive list of the latest chilling blockbusters you don't want to miss this Halloween.

"It" and "It: Chapter II"

The initial 2017 installment in this creepy clown saga impressed audiences with its paranormal themes and attention to detail. While "Chapter II" ultimately runs a bit too long, the film capitalizes on the success of its predecessor with a perfect mesh of comedy and creepiness in the beloved style of Stephen King. Viewers will be caught up in the escapades of the Losers Club, a group of childhood misfits who are unexpectedly brought together as adults to confront the lingering demons of their past. With entertaining action, plenty of jump scares and crowd-pleasing nostalgia, the "It" saga is definitely one to add to your yearly watch list.

"The Conjuring" Universe

Okay, suggesting an entire franchise is bending the rules a bit, but each film in this seven-movie series has encouraging elements. Most notably, "The Conjuring 2" (2016) and this past summer's "Annabelle Comes Home" provide an interesting perspective on the power of good over evil and vice versa. While many horror flicks are characterized by the domination of demonic forces, these movies are more interested in exploring the meaningful choices of characters and how their faith affects their own salvation. Patrick Wilson and Vera Farmiga provide compelling performances as paranormal investigators Ed and Lorraine Warren who lead the fight against the forces of hell across multiple movies and storylines. While mediocre outings like "The Curse of La Llorona" and "The Nun" could be skipped, the rest of the franchise is sure to thrill the devoted horror fan.

"Stranger Things 3"

With the show recently being renewed for a fourth outing, the obsession with Netflix's sci-fi coming-of-age story shows little sign of losing momentum. Fans disappointed with the slow start of season two will find that the latest outing of Eleven (Millie Bobby Brown), Mike (Finn Wolfhard), and the rest of the Hawkins gang is packed with action, suspense and plenty of humor. The episodic nature of the show allows plot revelations and character relationships to unfold in meaningful ways that are not always possible in time-constrained feature films.

"Us"

Jordan Peele, writer and director of the critically acclaimed "Get Out," shines in his sophomore debut about a mother (Lupita Nyong'o) returning to her childhood home only to be accosted by four masked strangers preying on a traumatic experience from her past. Highlighted by lingering suspense and clever plot twists, this unconventional film is sure to please audiences with its mystery and uniqueness. The real surprise is when the strangers are unmasked and viewers discover what truly haunts this mother and her family.

With the leaves beginning to fall and the smell of pumpkin spice in the air, Halloween is the perfect time for a good movie. Why not try a horror flick this year?

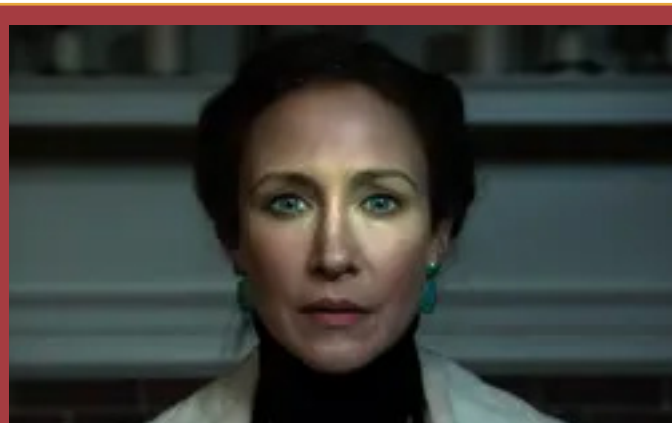


Photo Courtesy of Warner Bros. Picture/Warner Bros. Vera Farmiga sees the paranormal in "Conjuring 2."