TIPS FOR ONLINE LEARNING SUCCESS

Work when you can.

- > Make a schedule and plan when you will take time to attend online sessions.
- > Block time to complete assignments.
- Stay organized but be flexible. Things will arise, and stay in contact with your instructor if a situation arises where you cannot attend class or complete assignments.

Ask for help.

- Communicate with your instructor using email, messaging in ECN, chat, etc. Let your instructor know if you need flexibility in submitting an assignment, attending online class sessions, accessing files, etc.
- > Attend virtual office hours if possible.
- > Form virtual study groups with your peers, and use discussion forums, chats in ECN to connect.

Log in.

Regardless of when you can (morning, afternoon, evening), check in every day.

- > Log into ECN and check your Walsh email.
- > If your instructor is offering synchronous Zoom sessions, attend when/how you can (computer, tablet, phone, etc.)

Self-care!

- > Get plenty of rest and exercise.
- > Spend time with loved ones (in person or virtually).
- > Take breaks if you feel anxious or overwhelmed.

Have patience.

- > Remember this is a new experience for everyone.
- > Have patience with your instructors, as this is a period of adjustment for them as well.
- > Understand technology may not always work the way we want it to.

