

## The Heart of Healthcare: Nursing at Walsh



Photo courtesy of Faith McNulty.

#### **BY: ABDULLAH ALESAM, STAFF WRITER**

Long considered the lifeblood of the healthcare sector, Walsh University's nursing program is at the forefront of developing the next generation of caring and knowledgeable healthcare workers. Walsh's program is a bright example of brilliance and dedication to the field in a world where healthcare is more important than ever.

#### **Fostering Tomorrow's Caregivers**

The Nursing program at Walsh is famous for its demanding coursework, committed instructors, and devotion to fostering the traits of a great nurse, including empathy, critical thinking, and unshakable commitment to patient care. The program provides students with a range of routes, including expedited programs for those with prior healthcare experience as well as regular Bachelor of Science in Nursing (BSN) degrees. The objective is crystal clear: to offer a thorough education that enables graduates to thrive in the dynamic healthcare industry.

#### **Active Learning**

The program involves experience and hands-on learning in addition to textbook study and lectures. Because of this, Walsh University's nursing school gives students many chances to obtain practical experience.

The curriculum includes mandatory clinical rotations at top local hospitals and clinics. Students practice their knowledge and abilities in a controlled environment while working with seasoned nurses. These opportunities give students the chance to make a difference in patients' lives right away while simultaneously preparing them for the rigors of the healthcare industry.

#### A Community of Caring

Nursing students at Walsh join a close-knit group of people who have the same enthusiasm for healthcare. Students, staff, and alumni all exhibit a strong sense of camaraderie and support for one another, which fosters success and personal development.

The nursing program's faculty members serve as mentors as well as instructors, guiding students through their academic careers and providing assistance when difficulties arise. Walsh stands out for its nurturing approach, which guarantees that students are ready to handle the demands of

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# **STUDENT LIFE**

of the nursing profession.

#### A Successful Nursing Career

The nursing school at Walsh University aims to shape the future of healthcare as much as it does to prepare students for a job. Students who complete this program go on to become industry leaders who have a beneficial influence on patient care, medical research, and healthcare policy.

Walsh University's dedication to nursing education is seen in a society where access to healthcare is a basic need. It is a setting where aspiring nurses develop into the kindhearted caregivers of the future, prepared to improve the lives of countless people.

## Agape 2023: Anchored

#### **BY: MARYBETH EDMUNDSON, EDITOR**

Walsh University has many traditions: one its most wellknown is Agape, our annual fall retreat. Open to all students, Agape is a great chance not only to grow in your spiritual life, but also to meet new friends and get to know current ones. This year, the theme was Anchored. The admin team worked hard starting in July, meeting weekly to discuss the details of the retreat, including the theme, the music, the witness talks, and much more. All our work came to frustration over the weekend of September 15-17. Director Lauren Selhors and assistant director Luke Goers, along with the admin team members Kate Chenault, Meghan Murphy, Matt Voegele, Alex Dennis, myself, and Claire Campbell chose the theme Anchored. This theme is a good reminder heading into the schoolyear; it can be hectic going into a new adventure, and we tend to lose track of what is important when we are thrown into the whirlwind of life. We aimed to remind students with our theme this year to keep God in the center of your hearts during the chaos around us.

I do believe I can say with certainty that the retreat was a resounding success. There were numerous retreatants who came to spend the weekend with Christ and others seeking to take a rest from the world. There were 4 witness talks given: one from Meghan Murphy, one from Alex Dennis, one from Claire Campbell, and one from our new chaplain, Father Albert. Each talk brought something new to think about and a new way perceive the faith. Each night, after Mass and Adoration, we all went outside for a bonfire, complete with s'mores and dancing. Overall, Agape, like



Photo courtesy of Marybeth Edmundson

in years past, has once again opened the door to a faith life and relationship with Christ to the whole of campus and has enriched the lives of those who chose to take the opportunity. If you missed it, don't worry! Veritas will be held in the spring.

## Walsh Band Performs in Local High School Show

#### BY: NADYA HUDAK, LAYOUT & DESIGN

After performing at the Walsh University Football's Homecoming Game, the Marching Band got the privilege to show off their skills at Barberton High School during their showcase.

Schools who performed included Barberton High School, Northwest High School, Field High School, and many others. Each school got the opportunity to perform their halftime shows to the crowd. Following their performance, the band director of the band was able to get a plaque commemorating their show.

Walsh's Band performed their Animation-Themed show which includes the Avengers Theme, Pixar Medley, and We Don't Talk About Bruno. Upon arrival, the band was met with cheers and excitement from the high school students as they got to see what a band from a local university performs like.

Drum Major Ally Sabol lead the band onto the field before the show and was able to conduct alongside local community conductors. After all of the bands had performed, Walsh got the privilege of playing alongside all of the other groups that had performed in a rendition of "God Bless the U.S.A.." While this performance was toward the end of a long day, I'm sure each band member, along with myself, would agree that we would gladly do it again.

# **SPORTS**

## Walsh Eases Into the Season at First Ever Sprint Football

### BY: NADYA HUDAK, LAYOUT & DESIGN

Walsh hosted their first-ever Sprint Football game on September 16 at the Larry Staudt Field. Despite a valiant fight, the team was unable to cinch a win. Following an introduction by the Walsh University marching band and cheerleading squad, the game started off with an exciting touchdown within the first 30 seconds of the game by sophomore Jalen Gordon. Despite this start, the team was unable to stop two touchdowns from Midway University before halftime, leaving the score at 15-7 with Midway leading.

Following a show by the marching band, Midway was able to overtake Walsh once more to score a touchdown. However, Walsh took advantage of their position on the field to chase after Midway, making the score 22-14 after a touchdown. Though it seemed bleak after another Midway touchdown, Walsh lifted the spirits of the crowd with a touchdown in the fourth quarter by Keion Hawkins-Simms. As the clock inched closer to the end of the game and Midway kept their steady lead of 29-20 with two minutes left in the game, Nathan Gager and Tavian Robinson worked together to get one more touchdown. Despite their efforts, Midway would run out the clock with the score at 29-26, giving them a win over Walsh.

## Homecoming Week Brings Massive Wins for Walsh

### BY: NADYA HUDAK, LAYOUT & DESIGN

Throughout the Homecoming Week at Walsh, our sports teams worked hard to bring us massive wins.

Starting off strong with the Women's Soccer Team, Walsh played rival Malone University and was able to triumph over them with an ending score of 5-0. In the first half, teammates Kailey Hobart and Hannah Stein were able to score goals with the assistance of Faith Estes. In the second half, Taylor Tomlinson, Faith Estes, and Carli Miller were all able to score their own goals and greatly overlapped Malone with 20 shots in comparison to their seven. Continuing the winning streak, the Men's Soccer Team was able to also beat rival Malone in a strong game ending with a score of 3-0. Though the first half of the game



Photo courtesy of Walsh University.

was a fierce defensive and offensive game between the two teams with no goals on the board, Walsh was able to assert their dominance in the second half. Players Dominic O'Connor led the first goal with Gabriel Altawil following and Alvaro Gidron leading the team to victory in our last goal, ending the game with a 3-0 win.

Following their 10th triumphant win against Lake Erie College to continue their streak, Walsh Volleyball faced Trevecca Nazarene in an away game. Here, they were able to continue their incredible streak, this game marketing their 11th win in a row. Players Sammie DiBease, Keanna Avery, and Anna West were able to deliver kills throughout the game that led their 3-0 win against the Trevecca Nazarene Trojans. Other notable plays included Aaliyah Couch with 17 assists and Arora Levengood with five assists, 17 digs, and one ace.

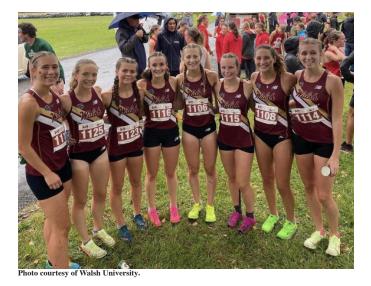
Sprint Football started off the Homecoming weekend festivities with their game against Quincy University. The Cavaliers faced the Hawks in a home game sparked by a rivalry between President Dr. Tim Collins and Quincy's President, Dr. Brian McGee while the two were in Rome. The first quarter found the Cavaliers scoring a touchdown and the Hawks scoring both a touchdown and a field goal. Following a second-quarter without any scoring, the Walsh Dance Team gave their first riveting performance of the year. While Walsh would make a touchdown in the third quarter, giving them a 14-13 lead, they couldn't keep up with the Hawks's quick rebuttal of two touchdowns, giving Quincy a 21-14 lead going into the fourth quarter. To finish out the game, Quincy would make one last touchdown, solidifying their win against the Quincy Hawks.

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# **SPORTS**

Men and Women's Cross Country traveled to Lock Haven, Pennsylvania to compete in the Lock Haven Invitational. At this event, Men's Cross Country participants Mitchel Dunham, Drew Monahan, and Xavier Foehl were able to place in the top 20 of a whopping 264 runners, greatly helping their team get 2nd place out of 35 teams. On the Women's team, runners Camryn Barker, Alyssa Stoner, and Bailey Menegay were able to place in the top 30th of participants out of 286. Walsh's Junior Varsity Cross Country teams were also able to make numbers, both placing first in their division of the race.

To finish out Walsh's Homecoming games, the football team would face Thomas More University. Starting off an early lead with a 3-0 field goal and a touchdown, Thomas More would come back with a first-quarter touchdown. By the second half, the Saints would keep up their stamina and add three more touchdowns. During halftime, spectators were able to enjoy a special presentation from Cavathon featuring their miracle kids, a cheerleading special featuring Tim Collins, the Dance Team's second performance, and a shortened version of the Walsh University Marching Band's Animation-themed special. Despite a strong-scoring first half of 26-10 with the Saints leading, the second half would hold no points for either team, ending Walsh's Homecoming Weekend with a loss.



## **Upcoming Sports Events:**

### Women's Bowling

10/7/23 - Ohio Bowling Conference 1, Columbus, OH

#### **Men's Bowling**

10/7/23 - Ohio Bowling Conference 1, Columbus, OH

#### Women's Cross Country:

10/7/23 - DII Crossover Meet, Romeoville, IL 10/21/23 - G-MAC Championships, Canton, OH **Men's Cross Country:** 

10/7/23 - DII Crossover Meet, Romeoville, IL 10/21/23 - G-MAC Championships, Canton, OH

### Football:

10/14/23 - Home vs Ohio Dominican University 10/21/23 - Home vs University of Findlay

### **Sprint Football:**

9/30/23 - Home vs Oakland City University 10/28/23 - Home vs Saint Mary of the Woods

### Women's Golf:

10/2/23 - William Beall Fall Class, Findlay Country Club

10/6/23 - Mercyhurst University, Erie, PA

### Men's Golf:

10/2/23 - Kyle Ryman Memorial, Mohawk Golf Club 10/16/23 - Doc Spragg Fall Invite, Findlay Country Club

### Women's Soccer:

10/14/23 - Home vs Northwood University

10/19/23 - Home vs Trevecca Nazarene University

10/26/23 - Home vs Ohio Dominican University **Men's Soccer:** 

10/12/23 - Home vs Thomas More University

10/14/23 - Home vs Northwood University

10/19/23 - Home vs Trevecca Nazarene University **Women's Tennis:** 

10/7/23 - Home vs University of Charleston 10/14/23 - Home vs West Virginia State University

#### Men's Tennis:

10/7/23 - Home vs University of Charleston 10/14/23 - Home vs West Virginia State University

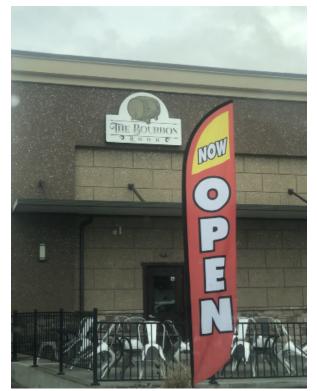
# **OPINION**

# The Bourbon Room: A New Cuisine

### BY: HAILEY METZGER, STAFF WRITER

In Oakwood Square, not far from Walsh University, a new restaurant has recently opened called "The Bourbon Room". Their menu contains a wide variety of flavors from wings to pizza and tacos. They offer several sandwiches and hamburgers as well as an assortment of uncommon desserts including Texas Sheet Cake, apple bundt cake, and bourbon-infused cobbler. Covering almost anyone's flavor palette, The Bourbon Room also offers a kid's menu consisting of must-have kid's items like mac and cheese, nuggets, and mini corn dogs.

The Bourbon Room is sure to please everyone in your party. They also have outdoor seating to accommodate the enjoyment of those last few remaining summer days. With Dine-in, Take-out, and Delivery, The Bourbon Room is located at 2710 Easton St NE Suite D, North Canton OH 44721. They are open 11-10 Tuesday through Saturday and are closed Sunday and Monday. With a rating of 4.2 stars according to Google reviews, The Bourbon Room is a great destination to try on a Friday night out or for a Saturday pit-stop lunch.





## **The Art of Cake Decorating** BY: HAILEY METZGER, STAFF WRITER

Decorating cakes is extremely creative and meticulous. It is a pastime that requires adequate time, skill, and desire. For me, it is not just a pastime or a hobby. I am the cake manager at an ice cream shop where we make ice cream cakes. For the most part, I am in charge of making sure the cake orders are fulfilled and completed on time. While the job is a lot of fun and a great way for me to have some creative downtime, it takes a lot of work as well as trial and error.

I have decorated a total of 40 cakes this year and counting, and I am prepared to share some tips and tricks. Something about ice cream cakes that makes them easier than decorating regular cakes is that the cake itself is frozen solid. This allows for a smooth base coat and therefore a firm foundation for writing and decorating. However, I have learned that most professional cake decorators freeze their cakes before decorating them to ensure the very same result.

When it comes to decorating round cakes, I could not function without my spinning cake stand. It makes decorating so much easier and makes the cake a breeze. Aside from this, some other tools I find undisputable are scrapers. These flat-edged devices smooth out the sides and top of a cake like no other.

Photo courtesy of Hailey Metzger.

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Another tool that any cake decorator can not go without is piping bags and tips. Generally speaking, I have a single writing tip I use exclusively to place lettering on cakes. This is a small round tip, but not too small. For borders, I use any tip that looks like a star, any tip that has pointy edges on top. For the most part, you can not go wrong with these piping tips. Another rather versatile tip is the one shaped somewhat like a dewdrop. This tip can be used to create balloons and flowers.

If you want to try your hand at cake decorating, you can find a rather cheap cake decorating kit from Amazon and it will give you a good jump start. As the weather chills, it is the perfect time of year for baking. And while practice makes perfect, once you get a firm understanding, you will be piping gorgeous buttercream roses in no time.

## Walsh University Sponsors Not For Sale: One Step at a Time Freedom Summit

#### BY: NADYA HUDAK, LAYOUT & DESIGN

On Saturday, September 30, Walsh University partnered with a local nonprofit organization, Not For Sale: One Step at a Time will host a Community Freedom Summit on campus. In the past. the Junior Blouin Scholars have assisted in the event since their topic is Human Trafficking. This year, however, Walsh students, assisted by Not For Sale creator Kathy Gray, have created a Human Trafficking Coalition on campus and will be helping make the event a reality.

On the morning of the event, volunteers will stand along East Maple Street holding signs advocating for those who are silenced due to trafficking. This portion of the day is to inform passersby of the upcoming event as well as to welcome Attorney General Dave Yost. Those who would like to volunteer will meet in the Cecchini Center at 8:30 the morning of and should have their own signs prepared. Ideas for signs as well as accurate facts can be found on Not For Sale: One Step at a Time's website.

The main portion of the event will begin in the Cecchini Center on campus in the Auxilary Gym at 10 AM and will feature guest speakers like Attorney General Dave Yost in the Education Hour of the event.

Following the Education Hour, participants will do a onemile Freedom Walk in order to give a voice to the voiceless who are trapped in human trafficking. Along the route will be signs that display facts about trafficking in both the Stark County area and around the country. Students are encouraged to participate in the event to advocate for those who cannot advocate for themselves.

Those who attend will also have the opportunity to talk with local community partners who assist in the fight against Human Trafficking. Each community partner will have resources that attendees can pick up.

While registration for attending or volunteering is not mandatory, attendees can register through the link on Not For Sale's website or social media to help give both them and Walsh an accurate headcount.



Photo courtesy of Not For Sale: One Step at a Time.

## Advice and Reminders for College

#### **BY: HAILEY METZGER, STAFF WRITER**

School is officially in session, and as we wrap up the last few weeks of the first quarter, we are all ready for a break. As we prepare for the next set of classes, here are some tips and tricks to help you be prepared for the beginning of class and help make your second 8 weeks a success.

Starting right includes having all of your necessary materials. This includes books and other supplies you may need. I have found, for the first day of class, that all that is needed is a good notebook to last you the course and a writing utensil. Always check your syllabus. Every once in a while, a class might require a laptop or another material.

If you have an early morning class, give yourself enough time to eat breakfast, and keep in mind that you may get stuck behind a school bus. I speak from experience. The amount of time you give yourself to drive to Walsh, walk to class, and get yourself set up is important.

When it comes to taking notes, I have found dividing my notes into sections has been extremely helpful in quickly finding information when I need it. Each new topic gets a proper title and the title gets highlighted so I can scan through fewer words when I am trying to find something. For those of you with hybrid or online courses, it would be more helpful to take notes off of a professor's provided recorded lecture as opposed to the powerpoint itself. This way you are hearing it, reading it, and having it explained further than merely what is on the screen.

I hope the last few weeks of the first quarter go well for everyone. Fall break is just around the corner. Good luck with final exams!



Photo courtesy of Faith McNulty.

# Are Dorm Fees Fair at Walsh?

#### **BY: NADYA HUDAK, LAYOUT & DESIGN**

We've all gotten the email where you're told to move the shopping carts, trash, or furniture from the hallway. The consequences of not doing this? A fee distributed throughout the dorm. Not all of the students are leaving them, and most students are worried about the consequences of being seen moving a shopping cart. With all these considered, is it fair to charge Walsh students for the shopping carts when they aren't the ones leaving them there?

The short answer that you'll hear from most students is no. A Wilkof resident and Walsh student stated, "It seems incredibly unfair, it makes (him) feel like other students can get away without consequences." It's true, whether it's trash or shopping carts, the students who typically take the carts and leave them are able to do so without consequence while everyone is getting charged. There's an argument that the offenders are getting charged by having to pay the fee with everyone else, but with all of the added costs to tuition anyway, these smalls costs can add up quick. Other students agree with this, like an Olivieri resident, who would like to stay anonymous, who stated, "I feel the group punishment does not foster a sense of personal responsibility and consequences. There are repeat offenders who receive the same punishments as those who have never committed similar infractions, and it is completely unfair."



Photo courtesy of Nadya Hudak.

Now, it's understandable that these carts are a privilege we have on campus from Giant Eagle who grants them to us, but when a few students out of over a thousand are abusing that privilege, is it the whole student body's fault? What are solutions to the carts being on campus? These are valid questions, but since these offenses keep happening, it's not fair to all residents of Walsh University to pick up the slack where their classmates leave off. I'll leave with a quote from a Commons resident, "I feel that charging everyone in the dorm is unfair because it's almost always just a few people that are careless with the rules." The carts and trash are a burden for sure, but it's not the fault of the students who are responsible enough to clean after themselves.

# **Interested in Writing? Join the Spectator!**

Have an interest in writing, newspaper, or editing? The Walsh University Spectator is currently looking for staff! Students are eligible for possible Communications credit and the opportunity to get experience through hands-on editing and writing.

Those interested should contact Dr. Tricia Ostertag at: tostertag@walsh.edu



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