

Honorable Mention

Spring 2023- Volume 6: Issue 2

A Publication of the Walsh University Honors Program

Eleanor Mondok
Writer

Claire Campbell
Writer

Katie Flickinger
Editor-in-Chief & Writer

Sara Scavuzzo
Writer

Camryn Barker
Writer

Hannah Lesko
Writer & Cover Designer

Alexis Perretta
Writer

Dr. Nina Rytwinski
Faculty Advisor

Ashli Snider
Writer

Allison Dewees
Writer



**Jack Shanor (Honors junior) leading an activity at St. Paul Elementary School in North Canton
Read more on Page 7...**

This Issue

| | | | |
|-------------------------------------|-----|-------------------------------|-------|
| Graphic Design Alumnae Feature..... | 2-3 | Community Service..... | 7 |
| Professor Spotlight..... | 4 | Campus Ministry Feature..... | 8-9 |
| Course Feature..... | 5 | MEHA Conference..... | 10 |
| Student-Athlete Highlight..... | 6 | Senior Thesis Highlights..... | 11-16 |

Graphic Design Alumnae Feature

By: Hannah Lesko

The tulips sway gently as a light breeze passes through campus, providing you with just the right moment to cool off on this hot day in May. The cross-country team passes in a herd on your left, and the seniors are playing spike ball on the grassy knoll, perhaps in an effort to procrastinate the last assignments of their college years. Being a freshman and all, you can't imagine graduation seeming anywhere near close, yet everyone always says the years fly by. But just like they said... you blink, and your own grad cap is soaring through the air. What's next? After four years living with your best friends, somehow, now you're supposed to be a real adult? What now?

While it is sad when our time here at Walsh comes to a close, it is a huge blessing, too. As the next chapter of our lives awaits us, we have many resources to help us navigate our way into the next chapter of life. One of these resources is our incredible community of alumni: who have already seized the many opportunities in front of them – in their careers, and beyond. Through their advice and insight, we can strive to become amazing Walsh graduates like them someday! In this article, I'll be highlighting a few recent graphic design Walsh Honors Alumnae that dove headfirst into their careers and professional fields.



Majesti Brown

Studying Graphic Design and Digital Communication with a focus in Multimedia, Majesti Brown graduated from Walsh in 2021. Majesti currently works as a Graphic Designer at the Ohio State University in the John Glenn College of Public Affairs, and just celebrated her one-year anniversary there. “Working in higher education is such a fun industry,” Majesti says, “especially in my role where I can get really involved at the college. I interact with students, our faculty, and other units across the university on a daily basis. I’ve been involved with higher education since college, and it’s been such a blast. I’d definitely recommend it!” Previously, Majesti worked for Case Western Reserve University directly after graduation from Walsh. When asked about the interview processes, Majesti mentioned the critical role that her Honors Thesis played as an experience to emphasize. “My thesis project was the star of my portfolio for both my interview processes. For

Ohio State, my project on the Flint Water Crisis was one of the ways I connected my passions to the values of the John Glenn College of Public Affairs. Like my thesis, I showed my interest in design and the way it can be used to make a social impact.”

In terms of advice for future graduates, Majesti notes that finding the one job that sticks or turns into a longtime project does take some time, and it is important to be patient throughout the process. Eventually, the right opportunity will present itself and things will work out how they should! She assured me not to worry as I navigate this process myself. Instead, she advised me to trust the process and know that I will end up exactly where I am supposed to be. Majesti has just started her career and is already so successful! Her wisdom is sure to carry her through her future endeavors. She plans to stay in the Columbus area for the next few years, and is looking forward to continuing to grow and expand her skillset.



Graphic Design Alumnae Feature (Continued)

Similar to Majesti, Grace Andreski has soared since graduating from Walsh University! Receiving her diploma in Marketing less than a year ago, Grace currently works for the Detroit Pistons as their social media manager. She describes this as the life she could only dream of - “being fresh out of college, I am experiencing and being exposed to so many amazing things at such a young age. I get to travel all over the USA with the team, meet lots of cool people, work events and games that most people just attend for fun, create content, and watch my ideas come to life!”

Grace describes her interview process for her current position: “I had to go through seven different interviews. I talked to a lot of people - HR, social media manager, social media director, VP of brand marketing, SVP of marketing, and the Chief Business Officer. The process took a month and a half. I later learned that I had gone up against 1,000 other applicants for my job title.” Grace cites her strong work ethic and personal experience in the Honors Program as what got her where she is today. Her story also exemplifies the importance of being a multifaceted individual in today’s world. It is crucial to be persistent and have a strong sense of professionalism within any field.

While at Walsh, Grace was not only a great athlete on the lacrosse team, but an exceptional graphic designer and student. She describes the importance of utilizing all available resources while in school: “Take advantage of all the opportunities Walsh provides! Reach out to people that are working in careers you would enjoy. Use your thesis as a way to get your dream job by relating it to what you want to do.” For her senior thesis, Grace studied social media and its effect on fan behavior in professional sports. She saw this as a huge opportunity, and utilized this project to further her network. She states that she was “lucky enough to build strong relationships with the people [she] interviewed,” and even had a few offer her post-graduate jobs.

Overall, both Grace and Majesti agree that you need to trust the process, a phrase coined as one of Prof. Jennifer Vokoun’s (Design Professor) life mottos. Grace goes on to say that “the hardest part of landing a job is getting your resume seen. If you have gotten to the interview portion, be confident in your abilities that you got there. You belong in every room, situation, opportunity, or interview you’re put in.” These powerful words come from her personal experiences - and should be taken to heart! Another one of my favorite nuggets of wisdom is from Majesti Brown: “take life at your own pace!”

Majesti states that “There’s a lot of pressure as students and recent graduates to always have a plan and succeed immediately. However, that’s not always the reality. Remember that you define your own standard of success and eventually end up right where you’re supposed to be.” As a current student of the Honors Program, I feel blessed to have the ability to connect with excellent alumna such as Grace Andreski and Majesti Brown. These role models had a huge impact during their time here at Walsh, and continue to do so in their careers today. The world is your oyster – take it from these incredible alumnae!



Grace Andreski



Professor Spotlight: Zana Zawahri

By: Sara Scavuzzo



Prof. Zana Zawahri

Professor Zana Zawahri is an integral part of both the Nursing Department and Honors Program, helping students to combine these two challenging fields of study. She graduated from Canton Central Catholic High School and from Xavier University, receiving her BSN. She furthered her education, pursuing her MSN in Nursing Education at Walsh University. She has been a nurse for 13 years, with experience in both the Emergency Department and Infection Control and Prevention. She has been teaching at Walsh since 2015 and became a full-time faculty member in 2019. Currently, she teaches Population Health, Pathophysiology, and the Nursing Capstone.

Professor Zawahri is well known for her caring attitude and passion for mentoring students. She helps an abundance of nursing majors as their class advisor and helps guide the Honors nursing students as they navigate their classes in combination with the two-year thesis project. She states that mentoring is her favorite part of the job as she helps students to filter their thoughts and ideas into a realistic project. By challenging them, she feels that she can help them to gain knowledge about the research process, which will aid them throughout their careers.

Her love of mentoring came from her own great advisors that helped her as she was navigating her own undergraduate education. Zawahri speaks fondly of her first clinical instructor, populations mentor, and academic advisor. All three challenged her to grow as a student and taught her important lessons, such as remembering that healthcare needs to go beyond the hospital. It is evident that she was inspired by her great mentors and wants to take on that role for current nursing students here at Walsh.

Professor Zawahri's wisdom that she shares with her students is beneficial to all disciplines here at Walsh. She preaches time management and the importance it can have in balancing school and the other responsibilities that students may have. Another tip she gives is to speak up if there is an issue and seek out faculty members that can help, because they are there to listen and help in any way they can. She encourages students to explore interests outside of their major, and take classes that spark their interest to become a well-rounded professional after graduation.

As a mentee of Professor Zawahri, I can account that she is truly making a difference for the students here at Walsh. She takes the time to learn about each of her students and looks for ways that each student will be able to grow best. She is passionate about what she does, and that passion translates to the students. Professor Zawahri encourages her students to challenge themselves and get outside of their comfort zone because that is often where the most growth occurs. One of the most impressive things about Professor Zawahri as a mentor and teacher is that her job does not only happen between the hours of 9 a.m. – 5 p.m. She is constantly shifting her schedule to best support her students. Professor Zawahri shares her love of nursing by teaching topics that she is passionate about and mentoring students to become the best nurses that they can be. She continuously guides students through very challenging times because she sees the potential in every student she encounters. Her mentorship will guide students long after they leave the classrooms of Walsh University.

Course Feature: Innovator or Impostor?

By: Alexis Perretta

“Does Thomas Edison deserve all the credit that he gets, or were there people behind his successes that we fail to acknowledge?” This is the question Professor Thomas Roblee asked on the first day in Honors 222: Honors Art and Music. But how does this question connect to music? In the same sense, throughout the course, the class looked at multiple music genres and examined the most famous artists from each one. The purpose of this investigation, which took into consideration the culture of the time, was to determine, as a class, if each artist should be considered a true innovator. From the blues, to classical, and even rock n’ roll, this class learned about artists such as W.C. Handy, Beethoven, and Elvis, while each time, asking this same question: “Were they truly an innovator, or merely an impostor?” But, how does one decide who is an innovator is and who is not? As a class, a list was made on what was believed to separate an artist from a true innovator. Words such as curiosity, creativity, and pushing boundaries are examples of what made it onto this list. When talking about innovators, Professor Roblee stated, “I am passionate about exploring music and thought it was interesting to note who the innovators were throughout time and why they are the innovators who have lasted. I also want to point out the fact that there were a lot of good music creators who were not innovators but were working in the structure someone else already created.”

Much to the Honors Program’s purpose, this class challenges its students with critical thinking, writing, and listening skills in dealing with a wide variety of music. Professor Roblee explains that unlike a non-honors class, “The Honors students really dig into the multidisciplinary side of things, and then explore it in a more research-based type of way rather than a survey of music. It explores the why and how of these developments taking shape.” Throughout the eight weeks of this course, students are asked to write an essay each week about different artists. The essays varied in subjects such as deciding whether an artist was an innovator or impostor, or choosing between two artists and deciding who had the greater impact on music. The students then use the research they found for their essay for a debate the next day in class. The best example of this was an essay and debate deciding on who they believed to have the bigger impact: Mozart or Beethoven. The debates often got heated as each side tried to reiterate their points. Freshman Jacob Faehnle recalls his favorite part of the class was debating different musical subjects with his fellow classmates. Each member of the class brings to the table a new viewpoint on why they believe that their points were more convincing, which allowed for a continual expansion of the topics. New perspectives are seen from every student, and by the end of the class, Professor Roblee himself chooses what he believes to be the winning side.



Student Aneya Schwartz presenting her final project for Honors 222 on Hans Zimmer, a German film score composer.

Student-Athlete Highlight: Logan Ison

By: Allison Dewees

It is no secret that participation in the Honors Program is a challenge, to say the least. However, it is a highly worthwhile experience, and it teaches even the most focused students crucial skills for their futures beyond Walsh, like time-management, discipline and organization. Here, we talk to Logan Ison, an accelerated junior Honors student who is heading into Physical Therapy school next year. As he quickly made his way through the Honors Program as a shining example, he also had a lot to balance on his plate, including being a student athlete. But, as he and many others have proven, athletics and the Honors Program can mix, as long as you are determined.

Hi Logan! First of all, tell us a little bit about your sport! What do you run, and how is the experience overall with your team?

“I am a cross country and track athlete here at Walsh. For track, I primarily run the 5k and 10k. Practice is a great atmosphere and good conversations take place. We are really close as a team. A lot of my team is also in Honors, so there are strong connections there too.”

What were some learning curves you encountered being an Honors student and participating in a sport?

“Some of the learning curves I encountered would be developing my time management for sure. Balancing work, sports, academics, and a social life took some time to figure out freshman year, but over time, this became more manageable. After about a month I fell into a good routine. Being in Honors and being an athlete has its challenges, but often it was easily manageable, with a bit of pre-planning.”

How would you describe the transition into completing a thesis along with your other obligations?

“This was definitely my most stressful point in the Honors Program, as the thesis is a big undertaking. But, my advisor Dr. Clevinger was able to help me juggle working, my thesis, normal coursework, and sports by giving me rough deadlines and guidance of how to best approach the problems at hand. I suggest finding an advisor that will challenge you and knows your personality and obligations so they can best help you throughout the process.”

How have your many collegiate obligations helped you grow?

“I think that my time management skills and prioritization has definitely grown since freshman year, and this has trickled into my academics and athletic experiences. I am confident now that I know what I can handle, and how to best go about it when I have a lot going on.”



Logan Ison



Honors Cavaliers Serving The Community

By: Camryn Barker

Over the course of the Spring semester, our Honors students took part in various service events within our local community. Read on to learn more about just some of our many Spring service highlights!

House of Loreto Nursing Home



During the month of January, as part of Walsh's MLK Day of Service, a group of Honors students traveled to the House of Loreto nursing home in Canton to spend quality time with the residents. Honors students Ellie Radis and Olivia Huzyak took time in advance to plan a fun, winter-themed craft for the residents. Upon arrival at the House of Loreto, the students met the residents and assisted them in creating their very own construction paper snowman. It was apparent that the company of the students clearly brightened each resident's day, amidst the gloomy winter weather. This service opportunity allowed Honors students to take a glimpse into the lives of the residents by listening to their stories and learning about their family, friends, and the things they love most. Visiting the House of Loreto gave Honors students a chance to make heartfelt connections with another generation, all while providing the residents with an enjoyable day.

St. Paul Elementary School

In a service project spearheaded by Honors junior Jack Shanor, a group of Walsh Honors students visited the third graders at St. Paul Elementary for a day. Their morning consisted of a presentation from Professor Megan Pellegrino about the history of North Canton, as well as a unique story about British War Children living in North Canton, followed by activities led by our Honors students. One station was an assembly line station, where students would make circuit boards by working together as a team. Another station was a drawing station, where students would have to come up with an invention of their own, and the final station was hangman with a twist! The students had a great time, both from Walsh and St. Paul, and the event as a whole was a massive success.



Deliverance House Drive

For her service project, Honors senior Kaitlyn Bryant partnered with CommQuest, a nonprofit organization that offers mental health services to many in the downtown Canton community. CommQuest's Deliverance House, a residential facility that provides addiction treatments and counseling for adult women in need, frequently seeks donations of clothing, self care items, and stationery to support its clients through their journeys to sobriety and recovery. So, with the help of several Honors students, many donations were collected and taken to the Deliverance House, thanks to our donation drive!



Campus Ministry Students Feature

By: Claire Campbell

As a Catholic University, Walsh offers a variety of opportunities and events to encourage students to grow in their faith. While making time for prayer may seem like just another task to add onto an already busy schedule of a student, this time with God can actually bring about a sense of peace rather than add to the stress. With several chapels on campus, students have the opportunity to go to Adoration, daily Mass, and Confession. Campus Ministry also holds weekly events to provide a community of faith for students, as well as several retreats a year.

Two of our Honors freshman discuss the positive impact campus ministry has had on their Walsh experience:

Why is your faith important to you?

Olivia Huzyak: Not only has my faith provided me the direction I need to get through the ups and downs of my life, but without it I would never be at the place where I am right now. The friendships I have and places I've found myself in would have never been possible without my faith at the core of my identity.

Amelia Molitor: My faith is my foundation. It brings stability and understanding into my life in a way that nothing else has ever been able to do.



Olivia Huzyak

A Nursing student who is completing her first year at Walsh University

What has been your favorite Campus Ministry event and why?

Olivia Huzyak: When I signed up to go on this year's Sisterhood retreat, I never expected how much I would get out of that weekend. Being in a cabin with over twenty other girls who all share the desire to grow in their faith in it of itself made the experience well worth it! I will forever hold the memories from this retreat within my heart. I strongly encourage other women on campus to take up this opportunity to get away and bond with those they'll meet on this yearly retreat.

Amelia Molitor: My favorite campus ministry event that I have gone to was the Agape retreat last fall. That retreat allowed me to be more confident in pursuing my faith after having moved away from home. It also allowed me to build relationships with people that I have now grown very close with.

Campus Ministry Students Feature (Continued)

**Is it difficult to balance your faith life with schoolwork?
How do you manage your time?**

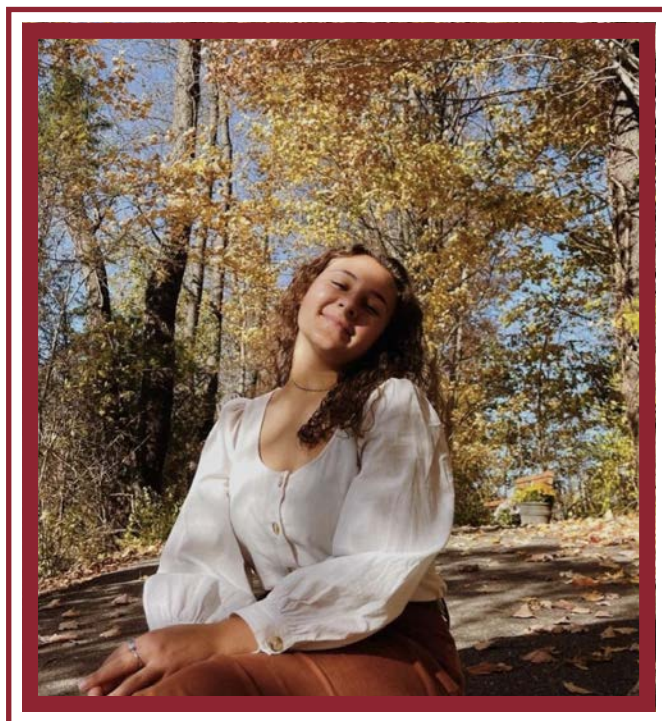
Olivia Huzyak: To some extent it can be challenging to balance my faith life with the school work I have throughout the week, especially as a Nursing major and as part of the Honors Program. But even with the amount of work I have, I still am able to place my faith as my first priority. By placing my faith at the center of my day to day life, all the other pieces of my school and social life fall into place and aren't scattered everywhere. I have found that when I dedicate time to grow in my faith whether by means of saying the rosary with close friends, fellowship events on campus, or through daily mass and confession, I experience less stress even if I'm not studying every hour throughout the day.

Amelia Molitor: Balancing my faith life with my school life had always been a challenge in high school for me because of how busy I found myself, and I still find myself struggling with this. One way that I have found to help me in my faith life is to think about my schooling as my current vocation. School is what God is calling me to do right now, and I strive to bring Him into all of my classes. I do not think school and faith should be separated, but rather, faith should deepen education and make it more fulfilling.

Any words of advice for people wishing to cultivate their faith?

Olivia Huzyak: I encourage everyone on campus to not only try out Campus Ministry, but take advantage of the faith opportunities on campus. And the best part is you don't necessarily have to be Catholic to take part in them. Both the GLC chapel and sometimes the main chapel are open every single day and throughout the night besides during mass so if you feel compelled to go inside and spend time with the Lord, then don't be afraid to do so! - Olivia Huzyak

Amelia Molitor: Pursuing faith at college is a really big decision for anyone to make because it really does become your own faith. Having made the choice to pursue my faith has really helped me to grow, not only in my faith but as a whole person.



Amelia Molitor
A Behavioral Science and Theology
major

Mid-East Honors Association Conference

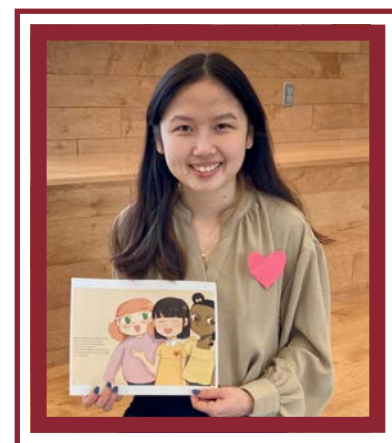
By: Eleanor Mondok & Ashli Snider



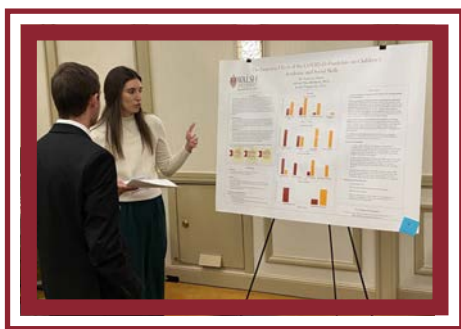
On April 21st-23rd, three of Walsh's Honors students attended the Mid-East Honors Association (MEHA) Conference in Indianapolis to present their senior thesis projects alongside many other college students from across the Mid-East US region. Below is a short bio on each of these amazing students and their research.

Yi-hsuan (Rebecca) Tsai, from Kaohsiung, Taiwan, created a children's book for her thesis project, entitled: *An Anti-Bias Storybook that Initiates Discussions about Diversity with Readers* (Advisor: Dr. Jennifer Green, Reader:

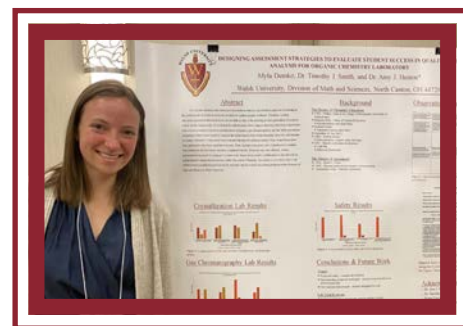
Dr. Eugenia Johnson-Whitt). With this project, Rebecca wished to create a storybook for children that teaches them how to respect and accept diversity and new cultures. Her story follows the experiences of a class as they welcome a young girl from Taiwan named Jenny, who must embrace a new school and new country. Rebecca sees herself in Jenny, as they are both from Taiwan and went to school in Ohio; however, as an education major, she also relates to the teacher, who encourages her class to appreciate everybody's differences. Her book consists of two chapters with beautiful illustrations, valuable lessons promoting anti-bias and anti-racist attitudes, fun class activities, and thought-provoking discussion questions to aid in learning.



Francesca Sberna, another graduating honors student, utilized her thesis project to help understand how teachers and parents have perceived the impact of COVID-19 on students, academically and socially (Advisor: Dr. Nina Rytwinski, Reader: Dr. Yanmei Xu). Through a series of interviews with teachers and parents, Francesca concluded that both parents and teachers noticed declines in social and academic skills. Teachers noticed more academic decline than parents did, while more parents noticed an increase in mental health struggles like depression and anxiety. Francesca was excited to combine her interest in the effects of COVID-19 and her future goal of becoming a counselor.



Myla Demko tied for 1st place at MEHA for the presentation of her poster! Congratulations Myla! Myla wrote her thesis on the current student achievement in Walsh's organic chemistry labs (Advisor: Dr. Amy Heston, Reader: Dr. Tim Smith). Myla identified the program student learning outcome (PSLO) that applied to the sample of labs she was studying, and evaluated how well students were able to understand the concepts. Ultimately, Myla noticed that most students excelled at following lab safety techniques, but struggled with learning new material. Her recommendations to help students understand content include: create homework assignments based on the lab concepts, create online practice questions, and show physical or video concept demonstrations. She hopes that this research will help improve the course for future students.



Senior Thesis Highlights

Compiled By: Katie Flickinger

As the 2022-2023 academic year comes to a close, we wish to take a moment to recognize our Honors Seniors who presented their final theses this spring. They did a fantastic job! We are so proud of them and all their hard work that they put forth during the culminating experience of the Honors Program. Best of luck Seniors in your future endeavors! We wish you well in all that you do.



Madi Bentz

Major: Psychology (Community/Clinical) & Sociology-Family Studies

Minor: Philosophy

Thesis Project: Repercussions of Systemic Fear Invoked Upon Sexual Assault Survivors

Future Plans: I was recently hired full-time as a Director Service Advocate for Survivors of Sexual and Intimate Partner Violence

Advice to Honors Freshmen: For your thesis, find something you're passionate about and run with it.



Luke Bologna

Major: Biology Pre-Professional

Minor: Psychology

Thesis Project: Evaluation of Singlet Oxygen Generation in Anthraquinone and Perylene Tetracarboxylate Ester Derivatives as Photosensitizers in Photodynamic Therapy

Future Plans: I plan to attend the Indiana University School of Optometry in the fall.

Quote: "A person who never made a mistake never tried anything new."



Cole Brogan

Major: Actuarial Science

Minor: Data Analytics

Thesis Project: Logistic Regression Analysis on the Value of Statistics in Major League Baseball

Future Plans: I plan on starting my career in Fort Wayne, Indiana at MedPro Group as an Actuarial Analyst.

Favorite Honors Memory: Participating in the American Revolution simulations in Dr. Constance's class during my junior year.



Kaitlyn Bryant

Major: Psychology (Community/Clinical) & Sociology- Family Studies

Minor: Theology

Thesis Project: A Correlational Examination of Family Function and the Media

Future Plans: I plan to continue my education by pursuing a masters degree in psychology and eventually earning a PhD in clinical psychology.

Advice to Honors Freshmen: Make connections! Engage with your peers, talk to your professors, and make an effort to get to know the people around you! It will allow you to grow in knowledge and perspective.



Michaela Christy

Major: Biology Pre-Physical Therapy

Thesis Project: Prevalence of Overweight Bag Carriage Between Males and Females on a College Campus

Future Plans: I plan to get my Doctorate of Physical Therapy at Walsh, so that I can eventually practice as a physical therapist.

Quote: "Life isn't about waiting for the storm to pass. It's about learning to dance in the rain."



Adamaris Cortes

Major: Communication & Sociology- Family Studies

Minor: Film Studies

Thesis Project: The Relationship Between Socio-Political Changes and Film: Early 2000s

Future Plans: Post-graduation, I plan to continue working in the Walsh Admissions office and I hope to attend grad school!

Advice to Honors Freshmen: Focus on time management and be sure to take advantage of the support offered by your advisors, readers, and honors directors!



Myla Demko

Received the award for Outstanding Senior in the Honors Program

Major: Education- AYA Integrated Science & Biology

Thesis Project: Designing Assessment Strategies to Evaluate Student Success in Qualitative Analysis for Organic Chemistry Laboratory

Future Plans: I plan to pursue a science teaching position at the middle school or high school level either in the Northeast Ohio area or around Columbus.

Advice to Honors Freshmen: Just enjoy your time and don't worry. You will not be in college forever. Let the thesis be the thesis and let the classes be your classes, but let the time you have in school shape the person you become.



Audrey Estes

Major: Behavioral Science

Thesis Project: An Exploratory Study of College Students with Tattoos: Goals, Meanings, Prejudice, and Unfair Treatment

Future Plans: I am already enrolled at Walsh for online graduate school, and I will be moving back to Cincinnati.

Favorite Honors Memory: Having so many classes and service learning projects with other Honors students allowed me to understand the program better with my peers, as well as create friendships I would not have had otherwise.



Anthony Fire

Major: Nursing

Thesis Project: How COVID-19 Impacted the Practice of Anesthesia

Future Plans: I plan to work in the Heart and Lung ICU at Summa Health in Akron

Quote: "Hard work beats talent when talent doesn't work hard." - Tim Notke



Elena Gioiello

Received the award for Outstanding Senior in the Honors Program

Major: Biology Pre-Professional, Pre-Dental

Minor: Business

Thesis Project: Determination of Altered SOX7 Variant A379V C-terminal Protein-Protein Interactions

Future Plans: I will be attending Case Western Reserve University School of Dental Medicine.

Quote: "Never let success get to your head and never let failure get to your heart."



Shruti Gupta

Major: Computer Science Programming & Mathematics

Thesis Project: Building a Full-Stack web application prototype, specially designed for young girls with the goal to encourage their participation in computer science and other technology-related fields.

Future Plans: I plan to work as a software engineer.

Quote: "Things may come to those who wait, but only the things left by those who hustle." - Abraham Lincoln



Grace Heighway

Major: Psychology Pre-Occupational Therapy & Psychology (Community/Clinical)
Minor: Sociology

Thesis Project: School-Based Occupational Therapists' Perceptions of the Most Effective Interventions to Improve Fine Motor Functioning in School-Aged Children

Future Plans: I will be attending Jacksonville University to earn my doctorate in occupational therapy.

Quote: "Do things for people not because of who they are or what they do in return, but because of who you are."



Logan Ison

Major: Exercise Science Pre-Physical Therapy
Minor: Psychology

Thesis Project: The Correlation Between Kinematic Variables, Balance, and Running Economy in Long Distance Runners: A Pilot Study

Future Plans: I plan to pursue my doctorate in physical therapy from Walsh University, starting in Fall 2023.

Quote: "I mean, it's just..it's the constant, it's the cycle. It's solution, dissolution, just over and over and over. It is growth, then decay, then transformation. It is fascinating, really." - Walter White

Logan is an accelerated junior who will graduate alongside his class in Spring 2024.



Megan Kungle

Major: Nursing

Thesis Project: Self-Evaluation of Registered School Nurses Competency in Scoliosis Screenings

Future Plans: After graduation, I have accepted a job in the Burn Intensive Care Unit at Akron Children's Hospital.

Quote: "Once you replace negative thoughts with positive ones, you'll start having positive results." -Willie Nelson



Lauren Michel

Major: Exercise Science Pre-Athletic Training

Thesis Project: Surface Electromyography Examination of Quadriceps and Hamstrings Muscle Coactivation Ratio Between Genders During the Front Squat in Collegiate Athletes: A Pilot Study

Favorite Honors Memory: Conspiracy Theories class with Dr. Davis.



Sarah Oboy

Major: Exercise Science Pre-Physical Therapy

Minor: Psychology

Thesis Project: Alterations of Positive Coping Mechanisms Usage of the College Student Population during the Height of the COVID-19 Pandemic

Future Plans: I will be attending The Ohio State University to obtain my Doctorate of Physical Therapy.

Favorite Honors Memory: The British defeating the colonists during Dr. Constance's Revolution Class.



Claire Olds

Major: Middle Childhood Education

Minor: Theology

Thesis Project: Storytelling in Education: Engagement and Relation to the Wider World in a Fifth Grade Classroom

Future Plans: After graduation, I hope to begin my teaching career.

Quote: "The expense is reckoned, the enterprise is begun; it is of God; it cannot be withstood. So the faith was planted: So it must be restored." -St. Edmund Campion



Sarah Pancake

Major: Exercise Science Pre-Physical Therapy

Minor: Psychology

Thesis Project: The Effect of Load Carriage on a Quadriceps Angle During Walking and Running

Future Plans: After graduation I will be going to DPT school at Ohio University.

Advice to Honors Freshmen: Pick an Honors thesis topic that you truly enjoy. You will be pursuing this topic for almost two years, and by the time you present, you still want to have the same enthusiasm about the topic you had when you first started.



Francesca Sberna

Major: Psychology (Community/Clinical) & Sociology

Minor: Business

Thesis Project: The Lingering Effects of the COVID-19 Pandemic on Children's Academic and Social Skills

Future Plans: I will be continuing my education at Walsh University in their Counseling & Human Development program.

Quote: "She believed she could, so she did."



Michael Sproull

Major: Accounting

Minors: Theology & Data Analytics

Thesis Project: The Effect of Accountants' Gender, Generation, CPA Certification, and Agreeableness on Sense of Agency (SoA)

Quote: "People say nothing is impossible, but I do nothing every day." - Winnie the Pooh



Yi-hsuan (Rebecca) Tsai

Major: P-5 Elementary Education/Intervention

Minor: Visual Communication Design

Thesis Project: An Anti-Bias Storybook That Initiates Discussions About Diversity With Readers

Future Plans: I plan to apply for Optional Practical Training and work as an Elementary teacher locally, near Canton.

Quote: "What you do makes a difference, and you have to decide what kind of difference you want to make." - Jane Goodall



Elizabeth West

Major: Biology Pre-Physical Therapy

Thesis Project: Collection of Timed Up and Down Stairs Reference Data for Young Adults

Future Plans: I will be continuing into my second year in the Walsh University Doctorate of Physical Therapy program.

Favorite Honors Memory: Having the opportunity to make connections with my peers and spend time getting to learn and experience within this amazing group at Walsh.



Ashley Zgodzinski

Major: Accounting

Thesis Project: Buying Behavior: Identifying if Sustainability Matters When in Relation to Purchasing Decisions in the Fashion Industry and Corporate Social Responsibility

Future Plans: I will be pursuing my Certification in Public Accounting (CPA) and starting as a tax associate at CliftonLarsonAllen.

Quote: "Success is not final; failure is not fatal: It is the courage to continue that counts." - Winston S. Churchill



Senior Honors Students alongside the Honors Directors at the School of Arts, Sciences, & Education Honors Convocation

Mission

The Walsh University Honors Program provides an enhanced, values-based educational experience to intellectually curious, academically talented, and highly motivated undergraduate students. The program's curriculum is innovative, diverse, and interdisciplinary; it supports a community of scholars that is equally diverse and innovative, as well as collaborative. The Honors Program experience develops leaders who pursue academic excellence, think critically, research independently, communicate effectively, and provide service to others.



For more information about the Honors Program, please contact Dr. Jennifer Clevinger or Dr. Nina Rytwinski at honorsdirector@walsh.edu.

www.walsh.edu
2020 East Maple Street
North Canton, Ohio
44720-3336